

INTERGROUP-EXPRESS

Office CLOSED
Monday, September 4th

August 2023
Volume 43 #8



Hello. This is AA ...

E.S. / Brooklyn, NY / December 1969
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Our Three Legacies

Recovery
Unity
Service

STEP Eight

Made a list of all persons we had harmed, and became willing to make amends to them all.

TRADITION Eight

Alcoholics Anonymous should remain forever non-professional, but our service centers may employ special workers.

CONCEPT Eight

The Trustees of the General Service Board act in two primary capacities: (a) With respect to the larger matters of overall policy and finance, they are the principal planners and administrators. They and their primary committees directly manage these affairs. (b) But with respect to our separately incorporated and constantly active services, the relation of the Trustees is mainly that of full stock ownership and of custodial oversight which they exercise through their ability to elect all directors of these entities.

Funds are still available, for both individuals and groups, to replace literature lost to Hurricane Ian.

*All the world's a stage,
and the telephone in any AA Intergroup or Central Office is a lifeline to human drama.*

THE PHONE rang. I picked it up. "Hello. AA," I said.

"I am going to kill myself," announced an unknown voice.

"Have you been drinking?" I asked.

"Certainly. I have one in my hand right now."

"Put it down and we'll talk," I suggested.

"Okay," the voice (a woman's) agreed.

The first time I had a call like this, I panicked. But now I realized that anyone who stops to make a drink and a phone call before she kills herself is still searching for a way to live.

"Why do you want to kill yourself?" I asked my caller.

"I'm lonesome," she said. "My husband despises me, and my kids hate me. I just stay in the finished basement, drinking by myself with the TV on full blast. Twenty years of marriage, and he hates me. I am so ashamed. I heard about Alcoholics Anonymous, but I can't be like them, can I?"

"You don't have to be on skid row to be an alcoholic."

"Are you a welfare worker?"

"I am a city policeman and a member of AA. These phones are answered by members who volunteer. Would you like to go to a meeting tonight? At least you won't be so lonesome." She started to cry. I got a woman volunteer on the phone to provide the female touch.

Our newcomer did make a meeting that night. She decided for herself that she was an alcoholic, and recently she celebrated a year of sobriety in AA. I went to that meeting. She smiled at me and said to her group, "On my first anniversary in AA, I have a lot to be thankful for. First of all, my friend over there, with his attractive young family. He was on the phones that night I called AA, ready to kill myself. He talked me into trying a meeting instead. My husband is here with my children tonight. We are a family again. Thank God for the AA telephones. I volunteer to answer whenever I can."

That is only one story, one example of the calls that come into any AA Intergroup or Central Office. Another familiar type: A lot of people say they are calling for a friend, when they really want help for themselves.

But one night a guy did call for a friend. "AA, huh?" he grunted when I answered. "Well, my pal here is passed out. Come and get him."

"Does he want to talk to us? Is he an alcoholic?"

Continued on next page.

Intergroup-Express
LCAI Central Office
12734 Kenwood Lane #72
Ft. Myers, FL 33907



Lee County Area Intergroup
12734 Kenwood Lane #72
Fort Myers, FL 33907

Mon-Fri 10a-5p
Only open the first Saturday
of the month 10a-1p

(239) 275-5111
leecountyaa.org

INTERGROUP REP MEETING

3rd Thursday @ 6:30 PM
(New Reps at 6pm)

Covenant Presbyterian Church
2459 McGregor Blvd, Fort Myers

Next meetings are
September 21 & October 19

DISTRICT 7 MEETING

Last Sunday (except Nov/Dec)
@ 2:00pm with
GSR Sharing session at 1:00pm

Y.A.N.A.
1185 Lake McGregor Dr., Fort Myers

Next meetings are:
July 30 & August 27

Intergroup / Central Office

S
A
L
E

****10% OFF****

AUGUST
Select Grapevine books

SEPTEMBER
Select Hazelden books

AVAILABLE AT YOUR INTERGROUP OFFICE

A.A Conference Approved Literature
A.A. Grapevine Literature
Al-Anon Conference Approved Literature
Anniversary Cards
Book Covers
Bookmarks
Coins, Medallions, Poker Chips
Greeting Cards
Hazelden Literature
Keychains including Coin Holders
Mugs
Other Recovery Literature
Pamphlets
Posters
Stickers
Wallet Cards
And miscellaneous FREE items!

COME CHECK IT OUT

★ Happy ★

**LABOR
DAY**

★ ★ ★ ★

Trusted Servants, Special Workers, and Volunteers

Chair Peggy M
Vice Chair Tom M
Treasurer **OPEN**
Secretary Michelle H
Member at Large Amy J
Member at Large Kevin N
Member at Large Sharon K

Manager Stephanie C

Amy J, Dave O, Eileen B,
Gary K, Jeff, John S,
Mike B, Pam O, Peggy M,
Roben D, Sandy B, Tom M

The following groups and meetings were represented at the July Intergroup Rep meeting:

Courage to Change Women's Group, Daily Reprieve Group, Dragon Fly Group, First Street Group, Freethinkers Group, Living Sober ABSI Group, Meat & Potatoes Group, Nooners, Pine Island Sisters in Sobriety Group, Promises, San Carlos Group, Sisters in Sobriety Group, Sober on the Shores, Steps to Awakening Group, Tough Love Group, Tuesday Night Young People's Group, Walk with Purpose Group, W.I.S.E Women's Meeting

If your group/meeting has an Intergroup Rep and you do not see your group/meeting listed above, it means your Intergroup Rep is not attending the monthly meeting. For your group/meeting to have a voice, your Intergroup Rep needs to be in attendance.

Man does not weave this web of life. He is merely a strand of it. Whatever he does to the web, he does to himself.

~ Chief Seattle

"I am only one; but still I am one. I cannot do everything, but still I can do something. I will not refuse to do the something I can do."

~ Helen Keller

Progress is impossible without change, and those who cannot change their minds cannot change anything.

~ George Bernard Shaw

"Everybody is a genius. But if you judge a fish by its ability to climb a tree it will live its whole life believing that it is stupid."

~ Albert Einstein

Al-Anon Family Groups

--strength and hope for friends
and families of problem drinkers--

941-564-5098

www.southfloridaal-anon.org

(printed by request as a public service announcement)

The Intergroup-Express is a monthly publication intended for members of Alcoholics Anonymous and their families only. It is about, by, and for members of the fellowship. Opinions expressed herein are not necessarily those of A.A., as a whole, or Intergroup.

LABOR
DAY

Back to School Jokes

Q: Why were the teacher's eyes crossed on the first day of school?

A: She couldn't control her pupils.

Q: Why did the teacher write the class rules on the windows?

A: She wanted it to be very clear for her students.

Q: What is white when its dirty and black when its clean?

A: A blackboard.

Teacher: I see you missed the first day of school.

Student: Yes, but I didn't miss it that much.

Q: Why did the teacher wear sunglasses to the first day of school?

A: She heard her new students were bright.

Coffee Jokes

What did the avid coffee drinker say when his doctor told him to cut back?

I have no problem with coffee, but I do have a problem without it.

How are coffee beans like children?

They're always getting grounded.

How do you make beef jerky?

Give a cow coffee.

What did the coffee lover name his son?

Joe.

Why did the rabbit stop drinking coffee?

It made it too jumpy.

What do you call a joke about coffee?

A brewhaha.

"It is almost as important to know what is not serious as to know what is."

— John Kenneth Galbraith

Continued from previous page.

"I'll have a gal call you. Just give me your number."

Click! The silence assured me that I was not handling a sick person poorly. I was selling sobriety, not romance. And for free! The only thing necessary on the part of the customer was a desire to stop drinking.

Many a bad night, the phone kept me sober. I was working hard to take an examination. I studied long hours. If I passed, I'd be a lieutenant. I would have to work very closely with our captain, and that was worrying me. For some reason, he was avoiding me. He had seemed to like me better when I was a happy-go-lucky drunk, the station-house clown. Nevertheless, now I was sober. I had had to change or die a slow death. So I tried to forget the captain, and the phone helped quiet my fears.

"Hello, AA? I have a flat tire."

"You are short one A, my friend."

"Isn't this AA?"

"Yes--Alcoholics Anonymous."

"Boy, have I got the wrong number!"...

One night, a man called from 300 miles away. "I don't want anyone in this town to know I have this problem," he said.

"Do they ever see you drunk?" I asked.

"All the time. But I wouldn't want them to know I'm that bad."

I sent him some literature and the address of a local group. I hope he went.

Then there are the real heartbreakers: the people who call, but won't talk. They just hang on at the other end, and hang on and hang on as long as I keep talking. Maybe my voice represents the voice of doom--the end of their drinking. I don't know.

Once, all I heard was sobbing. I couldn't coax a response out of the anguished caller. Whoever it was finally hung up. That night, I said a prayer of thanksgiving for not being the person on the other end of that phone....

"Hello. Listen, I'm only twenty-one years old. I'm too young to be an alcoholic, right?"

"Wrong. Why don't you come in? We'll talk about it." He did. At twenty-one, he had been in three jails, and twice committed to mental institutions by his family. They were horrified when he started to attend meetings. But now he has been sober six months. He has had no further trouble and is a very, very sane young man.

Then, last winter, came a call I shall never forget. The voice said, "I'm awfully sick. Going crazy! Used to drink moderately. No more!"

"You called the right place," I said.

"One thing I want to set straight: I am well known. I can't let my problem get out. Will my identity be protected?"

"Absolutely," I assured him.

"Well, you see, I am a captain with the city police...."

I had someone else handle that call. A week later, I met my captain at a meeting, and now we are the warmest of friends. One night, I brought him over to answer the AA phones. Most big cities have manned phones. Ready. Waiting. One of them rang. He tensed up, looked at me nervously. "You take it, Lieutenant. I'll listen."

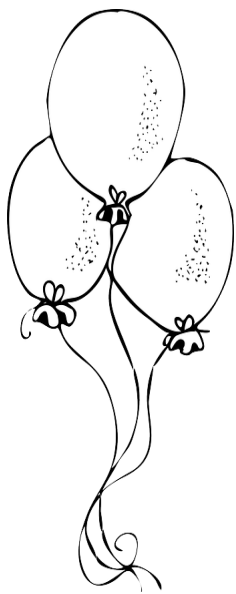
"You pick it up, Captain. Believe me, something wonderful happens on that phone when you help somebody."

So he did, and he sounded just fine. Later, he said, "I was afraid you were looking down your nose at me after you stopped drinking. That's why I kept away from you."

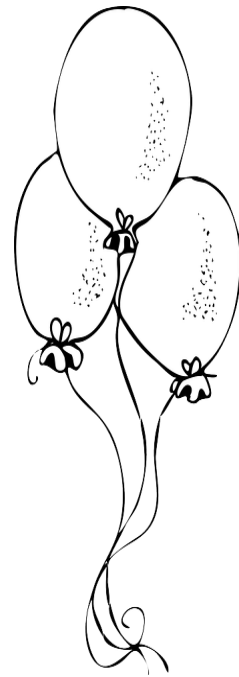
The phone rang again, and he looked at me. "It's all yours," I said. "You're sober, and it's only a phone call from a drunk."



FREE Meeting Guide app — Find meetings near you! Works in many locations across the USA! Download the app NOW from iTunes or Google Play Store. Learn more at meetingguide.org



SEPTEMBER ANNIVERSARIES



Recent Graduate
L.J.
R.I.P.

Brady Bunch	
Pete N.	09/05/12
Susan R.	09/16/21
Chiquita Bananas	
Al F.	09/04/89
Courage to Change	
Debbie F.	09/01/14
Deb M.	09/04/00
Rose E.	09/06/01
Bobbi C.	09/19/21
Fran N.	09/24/85
First Things First	
Ed B.	09/27/21
Fort Myers	
Jarrett B.	09/01/18
Brandon E.	09/11/21
Chris B.	09/21/21
Grapevine	
Chris S.	09/11/07
Becca C.	09/03/14
Hotrod Ranch	
Michael H.	09/14/21
H.O.W.	
Jim L.	09/08/06

Meat & Potatoes	
Sandi L.	09/03/09
Robin S.	09/28/10
Troy H.	09/18/94
Morning After	
Dave M.	09/02/86
Jim W.	09/08/89
Jon K.	09/13/17
Vicki N.	09/26/10
Nooners	
Pam W.	09/06/86
Ed W.	09/13/83
North Fort Myers	
Mary S.	09/26/90
Singleness of Purpose	
Kristy G.	09/07/22
Jennifer D.	09/13/15
Sue B.	09/17/11
Jack C.	09/17/77
Angel T.	09/21/10
Jim B.	09/24/04
Ed H.	09/20/08
Eric B.	09/30/10
Jill H.	09/30/13
Chazz C.	09/11/88

Sisters in Sobriety	
Stephanie	09/28/19
Sober on the Shores	
Bill M.	09/18/76
Stepping with the Girls	
Lucy R.	09/04/79
Steps To Awakening	
Patty L.	09/17/90
Diane	09/11/13
Carrie W.	09/13/91
Survivors	
Claudia Mc.	09/21/17
W.I.S.E. Women	
Abbie S.	09/25/17

DID YOU GET SOBER IN SEPTEMBER???
If your anniversary is not listed ...
Talk to your Home Group!

Please get your group's updated anniversary lists in! Any lists dated prior to 2022 will no longer be used. Anniversary forms can be picked up at the Intergroup office or monthly Intergroup Representative meeting. We also accept spreadsheets and lists.
Please email anniversary info to leintergroup@gmail.com.

Continued from front page

"Of course he's not an alcoholic. Who are you, anyhow?"

"A sober member of AA, The father of four children. A city cop getting ready to take a promotion exam. All of this due to a phone call for help, like this one from you. Now, if your friend wants help..."

"Look, we had this bachelor party for him, and he has to be in Washington, D.C., tomorrow morning to get married. Can't you come over and clean him up? Feed him some coffee and doughnuts? Put him on the plane? We all have to go to work in the morning. He'll miss his plane for sure."

"I think you have the wrong idea about our function."

"Aren't you supposed to take care of drunks?"

"Not quite the way you mean."

"You bum! You creep! You get paid plenty to be there, I bet." He hung up. For a moment, I felt sorry for the prospective bridegroom with the prospective hangover. But I was sorrier that the function of AA still remains a mystery to so many people.

The phone rang again. "Hello, AA? I am calling about my daughter. She used to drink only a couple of quarts of wine a day. She was all right. But lately she is drinking whiskey. Whiskey! Do you hear? Her father's wine is no good any more."

"Momma, calm down now," I said. "Whiskey or wine, it's all the same to us. Let me talk to your daughter. Will she speak to me?" She did, and she came to meetings. Recently, I met Momma for the first time. She kissed my cheek and thanked me, but said she was worried about the large quantity of coffee her girl was drinking. I told her to buy a good brand of coffee. . . .

"Hello, AA? Please, what can I do about my son?"

"What's wrong with your son?"

"He came home last night with beer on his breath. Getting just like his father. A drunk. He must be stopped."

"How old is he?"

"Eighteen."

"Does he get drunk often?"

"He wasn't really drunk. This was the first time. I smelt his breath while he was sleeping. I always do. He drank some beer. I must stop him before he gets like his bum of a father."

"Madam, I have a son that age. He drinks. Goes out with girls, too. But he is far from a candidate for AA."

"I won't have my only child out nights. He must stay home and keep me company."

"I'll tell you what. We have family groups for the nonalcoholics. I'll give you their number."

This woman sounded as if she were the one in her family who needed help. It happens. Al-Anon does wonders for the family. I used to say my wife had eyes that sparkled like champagne. They got to be more like flat beer before I threw in the towel. . . .

"Hello. I am lonesome. And very drunk. I saw a couple of movies about you people. How about sending somebody over?"

"There are no women here now. Give me your number. I'll have a gal call you shortly."

"Women! These movies showed guys. Eddie Albert and Jack Lemmon. How about you coming over? You sound kinda cute."

Front page story continued on next page.

From your Intergroup Chairperson

Greetings all,

Hope this finds you well, sober and serene.

Last month I had just returned from a vacation. This month I am writing this earlier than usual as I am leaving on a vacation. I am so grateful for the sober life I live today. I am meeting up with one of my AA friends from Pittsburgh and we are going hiking in Cape Breton. Beyond my wildest dreams.

The Intergroup Committee has had a busy month. We spent two days counting all of our stock in the Intergroup Office. We completed the inventory and the results were much better than last year. They will be mentioned in the financial report given at the Intergroup Representative Meeting.

We have been working on our QuickBooks system. Tom Mayo and Stephanie Carroll have been working hard to keep things running smoothly. We are still looking for someone to be Treasurer due to our board Treasurer having to step down. Also, QuickBooks has notified us of some changes coming in October that we are trying to prepare for to make it a smooth transition.

The new Website is up and running. Please check it out. If you have any suggestions let us know. Our office staff put a lot of time and energy into completing it. I would like to thank all who participated for your hard work on this project.

If you have a few extra minutes in the near future, why not stop into the office and say hello to our friendly volunteer staff? It's always a pleasure to see you! The other day I had the honor of selling someone their first Big Book and showing them where the 12 Steps were in the book. I also had a phone call from someone who was asking about meetings. They had decided to start back on the journey after a dozen years away. I left the office saying how lucky I was to have those opportunities. That to me is what volunteering is all about!

In Peace, Love and Service,
Peggy Mac

Upcoming A.A. Events

South Florida Area 15 General Service Assembly
Friday, October 6—Sunday, October 8
Boca Raton Marriott in Boca Raton, FL
quarterlychair@district6aa.org

South East Region Service Assembly
Friday, November 17—Sunday, November 19
Sheraton Orlando North in Orlando, FL
chair.ssaasa1@gmail.com

Upcoming Women's Events

Sisters in Sobriety* 35th Anniversary Potluck Dinner—Speaker Meeting
Tuesday, September 26
Dinner 5p-6p; Speaker 6p-7p
St. Hilary's Episcopal Church
5011 Colonial Blvd, Fort Myers 33901
*closed women's meeting

The Women in Recovery Conference 2023
Friday, September 22—Sunday, September 24
Opal Grand Hotel in Delray Beach, FL
www.womeninrecovery.com



OFFICE ANSWER HOTLINE STOCK MERCHANDISE HELP CUSTOMERS ASSIST WITH TASKS

- ◆ One year sobriety
- ◆ basic computer and cashier knowledge helpful
- ◆ training and ongoing support
- ◆ manager on site

Morning & Afternoon shifts available
CALL OR STOP BY THE INTERGROUP OFFICE

CONTRIBUTIONS
July & Year to Date 2023
****All groups/meetings in Lee County Area are listed.****

11th St Meditation		Flying Blind	50.00	Pine Island Z	
1-2-3-Go	50.00	FMB Men's	373.00	PI Book Study	
1935 Step	60.00	Fort Myers G	37.73	PI Groupers	250.00
4 de Julio		FM Shores		PI Big Book	
530	50.00	Foxhall	42.00	PI Sis in Sobriety	374.00
7-7	332.00	Freethinkers	50.00	Plan of Recovery	172.00
Anon	227.00	Fresh Start	95.90	Port LaBelle	120.00
A to Z	154.00	Fri Nt Beginners		Precisely How We	78.00
A Woman's View Z	50.00	Fri Nt Lights	264.14	Prim Purp w/ J&C	320.48
ABC Beginners	300.00	Friends of Bill	120.00	Primary Purpose	100.00
After Hours		Garden	250.00	Progress	200.00
Against All Odds	200.00	Garden Z	130.00	Promises	200.00
Alva AA Way		Get it Out of Gut		Quinto Paso	
A Miracle		Get Well		Recovery	
Anoth Peace of Hope		Grapevine	50.00	Recovery Rocks	
Aprendiendo Vivir		H.O.W.	50.00	Recovery Too	
ABSI LaBelle		Highsteppers	250.00	Recuperation Immok	
ABSI by River		Hispanos LaBelle		Reflections	
Attitude Adjustment	281.00	Hispanos Lehigh		Refuge for Recovery	200.00
AWOL Primary Purp		Hopeful SIS Z		River Reflections	168.46
Baby Steps	382.00	Hot Rod Ranch	1600.00	San Carlos Park	
Back to Basics W	104.77	Interesting Topic		Sanibel Beginners	
Beginners Bonita		Islanders	150.00	Sanibel BB	
Beginners Wrkshp		Just for Today	300.00	Sanibel CAL	
Being Convinced		Just Show Up		Sanibel Monday W	
BB Babes	84.00	Keep it Real	100.00	Sanib Promises	
BB Connections	186.19	Keep It Simple	371.00	Sanibel Spkr	
BB Study		LaBelle	150.00	Sanibel Step	
Bike Night	100.00	Ladies Spkr		Sanibel Survivors	450.00
Bonita AM		Ladies Night		Sanibel Tues Nt Disc	
Bon Banyan		Lambda Drummers		Sat Nt Live	
Bonita BB		Lehigh Acres	30.00	Sat Nt Beginners	154.70
Bon BB Steppers	228.83	Lehigh Happy Hour	29.00	Second Chance	274.70
Bon Fri Nt	411.33	Lehigh Mon Nt BB	76.50	Sendero Vida	
Bon Happy Hour		Lehigh Sun Nt	100.00	Serenity (A)	
Bon Men's	2000.00	Lehigh Thur 12&12	13.50	Serenity (Y)	200.00
Bon Morning Mtg		Lehigh Wed Nt		Sermon on Mount	
Bonita Step		Light at Heart	400.00	Serving Our Brothers	100.00
Bon Wom Step		Living Sober ABSI	150.00	Shared Gift	
Bon Unity		Living Sober by River	117.00	Singleness of Purp	666.00
Book Worms	72.00	Lunch Hour	207.00	Sisters in Sobriety	200.00
Bottom Of Barrel	150.00	Mad Hatters		Sisters Step Sty	
Brady Bunch	200.00	Maintenance		Sober on Shores	218.00
Brown Baggers	500.00	Meat & Potatoes	254.17	Sobriety at Six	405.00
Buckingham AA		Men's BB Sty		Solutions	
Buy the Book		Men's Recovery	850.00	Solutions on Sun	
Calamity Janes		Men's Stag		Soul Sisters	365.00
Came to Believe		Mid-Day Miracles		Southern Women	105.00
Cape Coral G		Mixed Nuts Men		Spiritual Search	64.61
CC Bookies		Mon AM BB	175.00	Step & Grow	146.52
CC Beginners		Mon Beg BB		Step Sisters	124.25
CC Fri Nt	252.89	Mon Living Sober	425.00	Step Sis in Sobriety	25.00
Cape Reflections	600.00	Mon Nt Big Book	39.33	Step Sisters Z	66.00
Central G	50.00	Monday Recovery		Stepping with BB	373.50
Chiquita Bananas	100.00	Morning After	50.00	Stepping with Girls	
Classic AA		Myana		Steps to Awakening	
Clean Slate BB		North Fort Myers	50.00	Steps to Sobriety	35.00
Clear the Air	407.00	Neuva Vida		Sugar Sweet	159.50
Courage to Change	135.00	New 12&12 St Sty		Sun AM Serenity	
Daily Reprieve	175.13	New 730	590.00	Sun Nt Speakeasy	
Digital Drunks M Z		New Freedom		Sun Nt Step	
Doctor's Opinion Sty		Nooners	293.54	Sunlight of Spirit	
Dragon Fly	148.50	Not Glum Prkg Lot	78.00	Sunshine Sisters	200.00
Drunkin' Donuts		ODAAT	362.00	Support System	
Early Bird Special	100.00	Old-timer's	263.00	Survivors	245.00
Early Risers Z	1190.00	Open Discussion		TGIF	
Empathy		Open Door	40.00	There is a Solution	
Eye on Hope	500.00	Our Prim Purp		Toes in the Sand	65.00
Favorite Passages	35.00	Parking Lot		Tough Love	
First Things First		Pathfinders	50.00	Traditions on Tue	
Footprints in Sand		Pine Island G			

Transitions	
Trudgers Disc	
Tues Nt Step	
Tues Nt Young Ppl's	135.46
Unity	
W.I.S.E.	584.50
Walk with Purpose	100.00
Way of Life	218.00
We Agnostics	
We Care	151.00
What It's Like	
Women's BB	100.00
W Daily Reflections	
W Evening Meditations	
Wom of Willingness	150.00
Women of Worth	
Women's Mtg	
Young at Heart	423.70
Zoom Sisters	85.00

Contributions	JULY	YTD 2023
FAITHFUL FIVERS	112.43	972.75
GROUPS	6554.74	32355.90
INDIVIDUAL	97.00	2745.89
INTERGROUP MTG	31.00	343.00
MISC & OTHER	0.00	2497.97
TOTAL CONTRIBUTIONS	6795.17	37827.85

"The most difficult times for many of us are the ones we give ourselves."

— Pema Chödrön

Bad thoughts are like TV channels. If one comes in we don't like, simply change it. We are the remote holders.



INTERGROUP EXISTS PRIMARILY ON CONTRIBUTIONS FROM AA GROUPS AND AA MEMBERS. YOUR CONTRIBUTIONS HELP THIS OFFICE CARRY THE MESSAGE AND EXTEND THE HAND OF AA, WHENEVER ANYONE LOCALLY ASKS FOR HELP, BY KEEPING THE LIGHTS ON, DOORS OPEN, PHONES RINGING, AND SPECIAL WORKERS PAID.

FAITHFUL FIVERS

Bob C., Irish Joe M., David K., Amy G., Anon x2, Steve H., Eileen B., Deb L., Gary K., Rusty W.



SUGGESTED Contributions

"Self-Support: Where Money and Spirituality Mix" Pamphlet F-3

<p>50% Intergroup Lee County Area Intergroup 12734 Kenwood Lane #72 Fort Myers, FL 33907</p>	<p>30% District 7 District 7 PO Box 61732 Fort Myers, FL 33906-1732</p>
<p>10% Area 15 South Florida Area 15 Treasurer PO Box 590835 Fort Lauderdale, FL 33359-0835</p>	<p>10% G.S.O. (contributions only) General Service Office James A Farley Station PO Box 2407 New York, NY 10116-2407</p>

No one can drive us crazy unless we give them the keys.

— Douglas Horton

The spiritual life is not a theory. We have to live it.

— Alcoholics Anonymous, page 83

Service

Gratitude Dinner 2023

Looking for volunteers to help with our 39th annual dinner.

For more information, contact Stephanie at 239-275-5111 or leeintergroup@gmail.com.

Intergroup Office

Looking for volunteers to answer the hotline, help customers, stock merchandise, and assist with tasks.

For more information, contact Stephanie at 239-275-5111 or leeintergroup@gmail.com.

District 7

Looking for members to chair the following committees: Accessibilities, Corrections, Outreach, Grapevine

For more information, contact Bree H at 812-322-3220 or Carlos M at 239-243-4304 or attend the next District 7 Business meeting at YANA the last Sunday of every month at 2:00 pm.