

INTERGROUP-EXPRESS

February 2024, Volume 44 #2

Lee County Area Intergroup Central Office 40th Anniversary

Our office opened on February 20, 1984.
Please see Page 3 for more information.

Service Work

Your Intergroup Office needs members to help keep its doors open and hotline answered. Call or stop by to learn more about the opportunities available!

This is YOUR newsletter

What do you want included in it?
What do you want removed from it?

Since its inception, this publication has changed many times – paper size, number of pages, paper color, editors, topics, and sections. Some things that have always been included – anniversary lists, events, new meetings, and group contributions.

And one thing has remained constant – lack of submissions from members. Please send an article, poem, or joke to include in an upcoming issue!

Let's Make This A Great Year!!!

■ “swiped” from Intergroup Express, Volumes 3 & 4, 1987-1988

We are all for progress -- unless it involves change.

Put your troubles in a pocket with a hole in it!

You'll never get indigestion from swallowing your pride.

Indulge in gluttony - and your clothes won't buttony.

Patience is a virtue that carries a lot of wait; Endurance is patience concentrated.

We see things not as they are but as we are.

Learn from the mistakes of others - you can never live long enough to make them all yourself.

If you learn to laugh at your own troubles - You'll never run out of things to laugh at!

Forbidden fruit is responsible for many a bad jam.

The largest room in the world is the room for improvement.

If faith without works is dead, then willingness without action is fantasy.

Happy Leap Year

THINGS TO DO, PLACES TO GO

San Carlos Group Anniversary Dinner

Friday, February 23, 2024

Estero Church
8188 Lord's Way

39th Annual Women's Day

February 25, 2024 – 8a-3p

Broadway Palm Dinner
Theater

For more information, see
fortmyerswomensday.org

For tickets, call Kathy W.
239-738-9154

14th Annual Florida Native American Recovery Convention

February 23-25, 2024

Clewiston, FL

For more information, see
seminolesinrecovery.com

New Meetings

Saturday Night Women
Saturdays 7:00pm
St John Apostle, Ft Myers

Cape Connected
Mondays 6:00pm
Cape Connections, Cape Coral

Beginners 123
Wednesdays 7:00am
St. Leo's, Bonita Springs

Pit meeting
Wednesdays 8:00pm
Outside Dry Palms, N. Ft. Myers

See leecountyaa.org for more
information

67th Florida State Convention

August 1-4, 2024

Jacksonville, FL

For more information, see
67.floridastateconvention.com

South Florida Area 15 General Service Assembly

April 5-7, 2024

Boca Raton

For more information, see
District 7 or Area 15 website

Sober-Stock 2024

March 15-17, 2024

Brooksville, FL

For more information, see
soberstock.com

23rd Spring into Sobriety Women's Conference

May 3-5, 2024

Venice, FL

For more information, see
sisconference.com

Sisters by the Sea

A Conference for AA & Al-Anon Women

June 14-16, 2024

Naples, FL

For more information, see
SistersbytheSea.com

Intergroup Representative Meeting

Next meeting – March 21, 2024
6:30P (New IGRs @ 6:00P)

Covenant Presbyterian Church
2439 McGregor Blvd, Fort Myers

District 7 General Service Representative Meeting

Next meeting February 25, 2024
2:00P (New GSRs @ 1:00P)

YANA, 1185 Lake McGregor Dr., Ft Myers

LEE COUNTY AREA INTERGROUP CENTRAL OFFICE

In recognition and celebration of our 40th anniversary (opened February 1984), articles will be reprinted from the District Seven Sounding Board (1974-1989) and the Intergroup Express (1984-) on a monthly basis for 2024. This is our local history. I hope you enjoy this journey.

- From District Seven Sounding Board, March 1973, Volume 4, Issue 3:

Member anniversaries were reported by the following: Sanibel-Captiva Islands Group, Lehigh Acres Group, Fort Myers Group, Central Group, and Cape Coral Group. Two new groups formed: Young at Heart Group and South Side Group.

- From District Seven Sounding Board, April 1973, Volume 4, Issue 4:

Member anniversaries were reported by the following: Central Group, Fort Myers Group, and Cape Coral Group. Cape Coral Group celebrated 6th anniversary in March (actually founded in November). Dry Palms Club is getting ready to open in Fort Myers (1723 Hendry Street).

- From District Seven Sounding Board, May 1973, Volume 4, Issue 5:

Member anniversaries were reported by the following: Fort Myers Group. Central Group is getting ready to move to Dry Palms Club on June 1st. Dry Palms Club opened.

- From District Seven Sounding Board, June-July 1973, Volume 4, Issue 6:

Member anniversaries were reported by the following: Cape Coral Group, Central Group, Big Book Group, and Fort Myers Group. North Fort Myers Group celebrated its 4th anniversary in May.

- From District Seven Sounding Board, July-August 1973, Volume 4, Issue 7:

Dry Palms Club opened. Central Group is getting ready to move to Dry Palms Club on June 1st. Member anniversaries were reported by the following: Progress Group and Fort Myers Group. Progress Group became too large and a splinter group, Big Book Group, was formed. Fort Myers Group will celebrate its 20th anniversary in September. Lehigh Acres Group celebrated their 1st anniversary in July.

- From District Seven Sounding Board, September 1973, Volume 4, Issue 8:

Member anniversaries were reported by the following: Fort Myers Group, North Fort Myers Group, Central Group, and Big Book Group. Dry Palms Club, Inc., will celebrate its 1st anniversary of incorporation in October.

- From District Seven Sounding Board, October 1973, Volume 4, Issue 9:

Member anniversaries were reported by the following: Cape Coral Group, Central Group, Fort Myers Group, and North Fort Myers Group. The 1st AA group in Clewiston was formed.

- From District Seven Sounding Board, November 1973, Volume 4, Issue 10:

Member anniversaries were reported by the following: Cape Coral Group, Central Group, Fort Myers Group, and Lehigh Acres Group.

- From District Seven Sounding Board, December 1973, Volume 4, Issue 11-12:

Member anniversaries were reported by the following: Cape Coral Group, Central Group, and Fort Myers Group. Lee County Groups met in November to discuss establishing an Inter-Group. About 85% of the Groups were represented.

1

9

8

4

GROUP CONTRIBUTIONS – JANUARY & YEAR-TO-DATE 2024

NAME	Jan	Jan	NAME	Jan	Jan
1-2-3-Go			Monday Morning Big Book Study		
1935 Step			Monday Living Sober		
7-7	335.00	335.00	Monday Night Big Book	66.50	66.50
A to Z			Morning After		
A Woman's View of ABSI (o)			MYANA		
ABC Beginners	160.00	160.00	North Fort Myers		
Against All Odds	75.00	75.00	New 730	656.54	656.54
Anonymous	120.00	120.00	Nooners		
As Bill Sees It by the River			Not a Glum Parking Lot		
Attitude Adjustment			ODAAT		
Baby Steps			Old-timer's		
Back to Basics Women's			Open Door		
Big Book Babes	79.00	79.00	Monday Morning Big Book Study		
Big Book Connections			Pine Island Groupers		
Big Book Steppers	187.50	187.50	Pine Island Sisters in Sobriety		
Bike Night			Plan of Recovery	300.00	300.00
Bonita Men's	300.00	300.00	Port LaBelle	204.00	204.00
Book Worms			Precisely How We Have Recovered	91.00	91.00
Bottom of the Barrel	75.00	75.00	Primary Purpose		
Brady Bunch			Primary Purpose Big Book Study	100.00	100.00
Brown Baggers	500.00	500.00	Recovery		
Buckingham AA			Recovery Rocks		
Cape Coral Friday Night			Reflections on the River		
Cape Reflections	100.00	100.00	Refuge for Recovery		
Central	50.00	50.00	San Carlos Park		
Chiquita Bananas	150.00	150.00	Sanibel Survivors		
Clean Slate Big Book			Saturday Night Beginners		
Clear the Air			Serenity		
Courage to Change Women's	97.50	97.50	Serving Our Brothers		
Daily Reprieve	211.09	211.09	Shared Gift		
Dragon Fly	75.00	75.00	Singleness of Purpose	150.00	150.00
Early Bird Special			Sisters in Sobriety		
Early Risers (o)	1,000.00	1,000.00	Sober on the Shores		
Eye on Hope			Soul Sisters		
Favorite Passages in AA Literature (o)			Southern Women		
Flying Blind			Spiritual Search		
Fort Myers Beach Men's			Step and Grow		
Fort Myers			Step Sisters		
Foxhall			Step Sisters in Sobriety		
Freethinkers			Stepping with the Big Book		
Fresh Start			Stepping with the Girls	50.00	50.00
Friday Night Lights			Steps to Awakening	274.15	274.15
Friends of Bill			Steps to Sobriety	52.50	52.50
Garden			Sunshine Sisters		
Garden (o)	30.00	30.00	Survivors		
Get Well			The 530	45.00	45.00
Grapevine	50.00	50.00	The AWOL Club		
H.O.W.			The Islanders		
Highsteppers	300.00	300.00	The Promises		
Hot Rod Ranch			Toes in the Sand	120.00	120.00
Interesting Topic	120.00	120.00	Tough Love	100.00	100.00
Just for Today			Unity (disbanded)	400.00	400.00
Keep It Real			WISE Women		
Keep It Simple			Walk with Purpose		
LaBelle			Way of Life		
Lehigh Acres	43.00	43.00	We Care		
Lehigh Happy Hour	32.00	32.00	Women's Big Book	100.00	100.00
Lehigh Monday Night Big Book			Women's Day		
Lehigh Sunday Night			Women of Willingness		
Lehigh Thursday 12&12			Young at Heart		
Light at Heart			Zoom Sisters (o)		
Living Sober ABSI	100.00	100.00			
Living Sober by the River	100.00	100.00			
Meat & Potatoes	98.46	98.46			
Men's Recovery					
Mid-Day Miracles					
Mixed Nuts			TOTAL	7,098.24	7,098.24

ALL CONTRIBUTIONS – JANUARY & YEAR-TO-DATE 2024

TYPE	JANUARY	JANUARY
Faithful Fivers	10.00	10.00
Groups	7,098.24	7,098.24
Individual	198.00	198.00
Intergroup Rep Meeting	41.00	41.00
Special Events (Fundraiser)		
Miscellaneous/Bank Interest		
Other	32.00	32.00
TOTAL	7,379.24	7,379.24

“There are no dues or fees for membership in A.A., but we do have expenses such as rent, refreshments, A.A. Conference-approved literature, meeting lists, and contributions to services provided by the local intergroup (central office), district and area, and the General Service Office of A.A.”

*P16 “The A.A. Group ... where it all begins, p.16.
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Suggested contributions by Lee County Area, District 7:

50% to intergroup	30% to district
10% to area	10% to G.S.O.

Websites & Addresses for Contributions:

Lee County Area Intergroup www.leecountyaa.org
12734 Kenwood Lane #72, Fort Myers, FL 33907

District 7 Treasurer www.district7area15aa.org
P.O. Box 61732, Fort Myers, FL 33906-1732

South Florida Area 15 Treasurer www.contribution.aa.org
PO Box 590835, Fort Lauderdale, FL 33359-0835

General Service Board www.contribution.aa.org
PO Box 2407, James A Farley Station, New York, NY 10116-2407

MARCH ANNIVERSARIES

Back to Basics: Jackie 3/13/21, Wendy S. 3/16/22 **Brady Bunch:** Bob – Happy 4/25/87, Cory 4/23/20, Liebert 3/19/87 **Chiquita Bananas:** Eddie F. 3/17/79, Jim D. – Irish Jim 3/17/80, Lisa T. 3/4/23 **Courage to Change:** Peggy M. 3/30/92 **Fort Myers:** Morgan P. 3/16/15, Sorelle B. 3/1/94 **Freethinkers:** Kathy L. 2/2/80, Marc B. 2/8/85 **Grapevine:** Todd L. 3/28/13 **Hotrod Ranch:** Will M. 3/13/90, Jason G. 3/16/23 **H.O.W.:** Ted P. 3/1/98, Dennis H. 3/17/77, Mike R. 3/21/09 **Lehigh Happy Hour:** Son 3/5/03, Vicki 3/9/22 **Meat & Potatoes:** Manny G. 3/11/19 **Morning After:** Bill H. 3/1/80, Kacee A. 3/13/15, Bob S. 3/16/84 **Nooners:** Chris M. 3/5/22, Nancy H. 3/10/89 **Serenity:** Jeff K. 3/2/21, John G. 3/6/14, Nicole H. 3/18/23 **Singleness of Purpose:** Gary Y. 3/1/17, George K. 3/1/09, Jim C. 3/2/18, Skip H. 3/2/10, Barry L. 3/3/16, Mary M. 3/3/16, Mark H. 3/7/10, Lloyd T. 3/10/15, Jeremy K. 3/11/08, Bill D. 3/15/16, Bill L. 3/15/19, Kim T. 3/15/18, Peter L. 3/15/18, John S. 3/16/93, Craig P. 3/17/17, Ella F. 3/17/04, Fred J. 3/18/08, Diane B. 3/19/16, Justin F. 3/22/18, Donna S. 3/25/87, Jonathan S. 3/25/22, Bill S. 3/26/99, Melissa F. 3/26/14, Paul C. 3/26/18, Jim K. 3/27/07, Steve N. 3/27/13, Joe A. 3/28/08, JC 3/27/23 **Sisters in Sobriety:** Deborah G. 3/1/05, Vicky C. 3/3/08, Cheryl M. 3/10/20, Peggy O. 3/14/87, Emily M. 3/15/16 **Sober on the Shores:** Steve W. 3/23/83 **Stepping with the Girls:** Ellie W. 3/12/03 **Step Sisters in Sobriety:** Donna M. 3/5/23 **Steps to Awakening:** Danielle C. 3/2/05, Melissa F. 3/4/19, Betsy P. 3/6/13 **Survivors:** Suzanne K. 3/13/17 **Walk with Purpose:** Shawn M. 4/17/02 **Way of Life:** Ray F. 3/1/92 **W.I.S.E.:** Pat B. 3/1/82, Peg S. 3/8/85, Cyd T. 3/13/07, Kerry Ann D. 3/15/15, Denise D. 3/16/22, Tiffany H. 3/21/97, Monique F. 3/28/15 **Women of Willingness:** Shawna C. 3/28/08

LAUGHS ARE LAST BUT NOT LEAST

What do you call a fluffy male cat asleep on a bed? A Himalayan.

“My parents didn’t want to move to Florida, but they turned 60 and that’s the law.” — Jerry Seinfeld

What did the snail who was riding on the turtle's back say? Wheeeee!

My uncle named his dogs Timex and Rolex. They're his watch dogs.



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