INTERGROUP-EXPRESS



OCTOBER 2024, VOLUME 44 #10

<u>Lee County Area Intergroup Central Office</u> 40th Anniversary

Our office opened on February 20, 1984. *Please see Page 2* for stories & other memories.

Annual Fundraiser

- 40th Gratitude Dinner, Saturday, November 2nd, tickets on sale until October 25th @ 5:00pm
- We need help setting up. Call Intergroup for more information *OR* show up at 12 noon @ Faith Presbyterian Church, 4544 Coronado Pkwy, Cape Coral 33904

Service Opportunity

• Do you want to share your experience, strength, & hope? Are you willing to do so for a group? If yes, call Intergroup to add your name to our Speaker List!

Alateen meetings

Included as a service to Al-Anon and Alateen

- Young Serenity Stairway Alateen, Tuesday 7:30pm at Cape Alliance Church in Cape Coral
- Young Serenity Seekers Alateen, Wednesday 5:30pm at YANA in Fort Myers

For more information on both Al-Anon and Alateen meetings: www.SouthFloridaAl-Anon.org.

2024 Steering Committee

Peggy M (Chair), Tom M (Vice Chair), Joyce D (Treasurer), Michelle H (Secretary), Sharon K (Member at Large), Amy J (Member at Large), Stephanie H (Manager)

ATTENTION

Elections for a new Chairperson and Vice Chairperson for the Intergroup Steering Committee of 2025 & 2026 will be this December. If you are interested in standing for either of these, please contact Amy at 239-872-3906.

CHAIRPERSON MESSAGE

Greetings all,

Hope this finds you well, sober and serene.

Wow. October already. Where does the time go? My old home group used to be a beginners meeting. Newcomers would ask what I did to fill in all the time I had after not drinking. It is amazing once we get a life back.

The next month is going to be busier than usual. Gratitude Dinner is November 2nd. Our annual fundraiser and social event. I love gathering with my sober friends for a lovely night out. The next day I get to wake up hangover free!

The following weekend is a picnic in Freedom Park. There will be some great food and desserts. Another great event to hang out with sober friends and families.

After that, Thanksgiving. Now that I have so many blessings in my sober life to be thankful and grateful for, this holiday means so much more to me.

In Peace, Love and Service, Peggy Mac

OFFICE STATS for September 2024 (all are approximate)

Visitors = 132

• When visiting our office, please sign our visitor log!

Phone Calls = 196

- 12 Step & Newcomer = 8
- Spanish = 4
- Meeting Info = 48
- Other 12 Step (Al-Anon, NA, CA, etc) & Treatment (detox, etc) = 3
- General Info (hours, location, merchandise, etc) = 18
- Management (vendors, inquiries that require manager assistance, etc) = 22
- Answering Service = 93

Emails Received = 141

 Does not include sent, replies, updates, promotions, or spam

LEE COUNTY AREA INTERGROUP CENTRAL OFFICE

In recognition and celebration of our 40th anniversary, articles and other information will be reprinted from the District Seven Sounding Board (1971-1989) and the Intergroup-Express (1984-) on a monthly basis for 2024. This is our local history. I hope you enjoy this journey.

DO YOU JUST BELONG?

Are you an active member, the kind that would be missed?

Or are you just contented that your name is on the list?

So you attend the meetings and mingle with the flock

Or do you meet in private and criticize and knock?

Do you take an active part to help the work along?

Or are you satisfied to be the kind that just belongs?

Do you work on committees – to this there is no trick

Or leave the work to just a few and talk about the clique?

Please come to the meetings often and help with hand and heart.

Don't be just a member but take an active part.

Think this over, members, you know what's right from wrong.

Are you an active member, or do you just belong?

~ Anonymous

From Intergroup-Express, July – August 2004.

YOU'RE AS YOUNG AS YOU FEEL

- 1. Throw out non-essential numbers. This includes age, weight and height. Let the doctors worry about them. That is why you pay "them".
- 2. Keep only cheerful friends. The grouches pull you down.
- 3. Keep learning. Learn more about the computer, crafts, gardening, A.A. history, whatever ... Never let the brain idle. "An idle mind is the devil's workshop." And the devil's name in this case is Alzheimer.
- 4. Enjoy the simple things in life.
- 5. Laugh often, long and loud. Laugh until you gasp for breath.
- 6. The tears happen. Endure, grieve and move on. The only person who is with us our entire life is ourselves and the God of our understanding.
- 7. Live while you are alive.
- 8. Surround yourself with what you love, whether it is family, pets, keepsakes, music, plants, hobbies, A.A. friends, whatever. Your home is your refuge and your community is your playground.
- 9. Cherish your health. If it is good, preserve it. If it is unstable, improve it. If it is beyond what you can do, get help. When help is no avail, give it to God.
- 10. Don't take guilt trips. Take a trip to the mall, even to the next county, or to a foreign country, but NOT to where the guilt is.
- 11. Tell the people you love that you love them, at every opportunity.

And always remember: Life is not measured by the number of breaths we take but the moments that take our breath away.

From Intergroup-Express, February-March 2009.







FROM OUR FELLOWSHIP

HOPE-honest, open-minded, positive, empathetic

Honesty is key to getting and staying sober. Being open-minded is imperative to being teachable. Positivity is beneficial and helps remove the negativity. Empathy is the gateway to forgiveness. Getting and staying sober is not easy but possible. This is the most courageous act we can do for ourselves. When we open ourselves up to the program and the people in it we get so much hope. Hearing people's stories on how they got their lives back after getting sober truly gives us a lot of hope, hope a lot of us haven't experienced ever before. When we can get honest about our addictions and bad behaviors we get a freedom like no other. When we are open minded about this new way of living we are giving ourselves a chance to receive a gift like no other. When we replace negativity with positivity we experience joy, peace, gratitude, contentment, compassion, and happiness. When we find empathy to forgive ourselves and others we are set free from the past and the things we cannot change or control. Do not regret the past nor wish to shut the door on it! What an amazing gift sobriety is. Living one day at a time, keeping it simple, trusting god, cleaning house, and helping others, it is truly an amazing way to live. Today I will be grateful for the hope I receive from the program and my sobriety. I will remain positive and keep trudging the road to happy destiny! ~ Michele

Whiskey Warmth

I remember how Whiskey traveled. It descended a warm path lined with the fiery Red and Gold tones of autumn, consoling my mind as it traversed. It spread and engorged my body until I felt a dense sort of buoyancy... as though I were submerged in a vat of warm oatmeal.

I felt... held.

There was safety in that feeling and I would find any opportunity to reach it. It was not long until that magical sensation would beat its own time to my toes. I felt aglow at the site of the bottle, warm rush of adrenaline as it lifted, and the heat of submersion upon the drink's initial descent.

And so it was. The journey whiskey took helped me feel normal, and to manage. It provided relief and comfort. But the serenity I found in the bottle turned out to be an empty, hollow lie.

To chase that feeling I had to crawl inside myself and when it seemed I had found it, there was never any place to go but down. There was no sharing it from the bottom of myself and it was never enough to fill me completely, so I'd need another chaser.

That was then, and this is now.

Now the leaves of autumn give me warmth. The rich and brilliant colors fill me with more peace and authentic joy than I know what to do with. Like the branches that hold these leaves, this feeling travels up and out. It spreads out from there, and back to fill me up some more. The authenticity lies in the raw honesty of the feelings. They are at times, if not often, tinged with some bittersweet. The leaves co-exist, bright with dark. They stand out in raw beauty and then fall (though they glide) and dry up. But the cycle of phenomenon is honest.

Not so the phenomenon of feelings that leads to the lie of drink. These are the dishonest feelings that cannot tolerate opposition or difference. They tell you things like, "I am relieved...safe...happy," but soon get bored and run out on you. And the chase is on, for another cover of the truth. The honest feeling-as-verb, rather than noun, I experience when I see these trees never begs chase.

And so it goes. Whisky warmth doesn't hold a candle to the heat of this tree, for me. And the lie would be that a leaf is not capable of holding a person... ~ Kim

MORE FROM OUR FELLOWSHIP

Situations that used to baffle us...

Yesterday was one of those days where my day started off bad and continued to throw obstacles in my way into the evening. But you know what? It's OK! I have a toolbox of skills and strategies from my journey in recovery to assist me in situations just like these.

What a wonderful opportunity I had to demonstrate to a Sponsee how to handle a baffling situation in life with the Grace of God.

My Sponsee and I were going to the beach to do some very important step work, however, when we went to jump into my truck it wouldn't start. This was the beginning of a comedy of errors that would've tipped my scales in active addiction.

Imagine: car doesn't start, 2 ladies pushing the truck out of the garage, jumper cables touching and smoke coming out of the hood of the truck, clipped my Sponsee's truck with mine as we pushed it out of the garage, clipped my truck with my golf cart while putting it away, and driving all the way to Marco expecting battery to recharge itself and it did not!

My past self would have been a hot mess. However, today as a recovering alcoholic, I do not have to freak out in situations like these, I can pause, pray, and proceed. What a truly wonderful gift!

When we got to the beach and my truck was dead again, I suggested that we leave it, go enjoy our day, and do what we came to do, it'll be there when we get back. After a wonderful day on the beach, my Sponsee suggested maybe we should pray.

Well, I did exactly that! I let God know that I CAN NOT control other people, places, or things in life, only how I react. All I asked of God was to help me to take care of the situation with the least amount of stress possible. Well, when we got back to my truck, ironically, there was a young couple parked next to me who had jumper cables and were able to get me started, and on our way. Wow! No stress here!

I also had to cancel a speaking engagement at a meeting early that evening to figure out my car problems, but you know what? Again - everything worked out and I get the opportunity to speak next week.

In the end, my truck is fine, it was a loose bolt on my battery connection. I was blessed with the opportunity to demonstrate to a Sponsee exactly how the promises do come true in recovery.

For today I know how to handle situations that used to baffle me! The promises have come true and I get to live an enviable life!

As we always say...Don't leave before the miracle happens!! It does happen and continues to happen in my life daily! Blessings of sobriety.

May you have a blessed and beautiful day! I know mine will be better than yesterday because I am sober!



SERVICE OPPORTUNITIES



The circle stands for the whole world of A.A.

The triangle stands for A.A.'s three legacies of Recovery, Unity, and Service.

Lee County Area Intergroup – for more information on any of the following, contact Stephanie (239-275-5111)

- Intergroup Representative (IGR) for your home group
- 12 Step Call list
- Speaker list
- Office volunteer
- Gratitude Dinner Committee
- Steering Committee

District 7

- General Service Representative (GSR) for your home group
- Accessibilities Committee currently vacant; contact Bree (812-322-3220)
- Archives Committee: contact Kathie (239-738-9154)
- Corrections Committee: meets once every quarter on the 2nd Tuesday at YANA at 6:30pm; contact Linda (313-268-1966)
- Finance Committee: contact Greg (239-357-7358)
- Grapevine Committee: meets monthly on the 3rd Monday on Zoom at 6:30pm; contact Martin (239-314-9274)
- Hospitality Committee: contact Pat (239-244-9421)
- Literature Committee: contact Shawna (608-225-2656)
- Outreach Committee: contact Steve (716-462-3283)
- Public Information/Communicating with Professional Community (PI/CPC) Committee: meets monthly on the 1st Wednesday at YANA at 7:00pm; contact Raul (786-626-3188)
- Treatment Committee: meets monthly on the 1st Tuesday at Epiphany Episcopal in Cape Coral at 7:00pm; contact Henry (239-699-5174)
- Website Committee: contact Sabine (239-322-6546)

FIND OUT MORE <u>about any of the above</u> by attending a monthly business meeting:

Intergroup meets monthly on the 3rd Thursday, 6:30pm, Covenant Presbyterian, Fort Myers

District meets monthly on the last Sunday, 2:00pm, YANA, Fort Myers

GROUP & MEETING CONTRIBUTIONS – SEPTEMBER & YEAR-TO-DATE 2024

ALL active groups & meetings in the Lee County Area are listed.

| NAME | Sep | Jan-Sep | NAME | Sep | Jan-Sep |
|---|--------|-----------------|---|--------|-----------------|
| | | | Favorite Passages in AA Literature (o) | | 125.00 |
| | | | F.B.I. Group | | 50.00 |
| | | | First Things First | | |
| 1-2-3-Go Group | | 100.00 | Footprints in the Sand | | |
| 12 & 12 Step meeting (o) | | .0 | Fort Myers Beach Men's Group | | 302.00 |
| 1935 Step Group | + | 18.75 | Fort Myers Group Fort Myers Shores Group | | 590.00 |
| 5 Alive 5:30 Group | | 505.00 | Fort Myers Shores Group Foxhall Group | | 300.00 80.00 |
| 630 Beginners Group | | 595.00 | Freethinkers of Bonita Springs Group | | 80.00 |
| 7&7 Group | | 506.00 | Freethinkers of Fort Myers Group | | 65.00 |
| ABC Beginners Group | 90.00 | 653.00 | Fresh Start | | 382.43 |
| After Hours | 90.00 | 055.00 | Friday Night Beginners Group | | 302.43 |
| Against All Odds Group | | 150.00 | Friday Night Group | | |
| All Lit Up | | | Friday Night Lights | | |
| Alva A.A. Way Group | | 600.00 | Friends of Bill Group | | 50.00 |
| A Miracle (disbanded) | | 63.00 | Garden Group | | 300.00 |
| A New Perspective | | | Garden Group (o) | 50.00 | 170.00 |
| Anonymous | | 240.00 | Get Well Group | | |
| Another Peace of Hope | 1 | | Grapevine Group (disbanded) | | 90.00 |
| As Bill Sees It | - | | Grupo 4 de Julio | - | + |
| As Bill Sees It by the River Group | + | 100.00 | Grupo Hispano de Lehigh | _ | + |
| A to Z Attitude Adjustment Group | + | 123.00 | Grupo Nuevo Despertar Grupo Recuperacion de Immokalee | _ | + |
| A Woman's View of ABSI Group (o) | | 180.00 95.00 | Grupo Sendero de Vida | | |
| Baby Steps | 100.00 | 100.00 | Highsteppers Group | | 300.00 |
| Back to Basics | 100.00 | 100.00 | Hopeful Sisters in Sobriety (o) | | 300.00 |
| Back to Basics Women's Group | | 62.59 | Hotrod Ranch Group | | 1000.00 |
| Beginners 123 | | 0=.09 | H.O.W. Group | | 167.00 |
| Beginners Big Book Workshop | | | How It Works | | - / |
| Being Convinced | | | Interesting Topic Group | | 120.00 |
| Beyond Belief | | | It's 5 O'clock Somewhere | | |
| Big Book Babes | | 211.00 | Just for Today Group | | 300.00 |
| Big Book Connections Group | | 200.00 | Just Show Up Group | | |
| Big Book Steppers Group | | 428.50 | Keep It Real Group | 100.00 | 200.00 |
| Big Book Study Group | | | Keep It Simple Group | | 490.50 |
| Bike Night Group | - | | LaBelle Group | | 200.00 |
| Bonita Men's Group | + | 2700.00 | Lambda Drummers Group | | |
| Bonita Springs Step Group Bonita Springs Women's Step Group | | | Lehigh 12&12 Lehigh Big Book Study | | |
| Bonita Unity Group | | | Lehigh Group | | 43.00 |
| Book Worms Group | | 123.00 | Lehigh Happy Hour Group | | 32.00 |
| Bottom of the Barrel Group | | 200.00 | Light at Heart Group | | 360.00 |
| Brady Bunch Group | | 50.00 | Living Sober (ABSI) Group | 100.00 | 600.00 |
| Brown Baggers Group | | 2500.00 | Living Sober by the River Group | | 200.00 |
| Buckingham AA Group | | | Lunch Hour Group | | |
| Buy the Book Group | | | Mad Hatters Group | | 100.00 |
| Calamity Janes Group | | | Maintenance Group | | |
| Came to Believe Group | | 300.00 | Meat & Potatoes Group | | 302.39 |
| Cape Connected | | 50.00 | Men's Big Book | | |
| Cape Coral Bookies Group | | 100.00 | Men's Recovery Group | | 500.00 |
| Cape Coral Group | 1 | 218.46 | Men's Stag | - | + |
| Cape Reflections Group | + | 500.00 | Mid-Day Miracles Group | | 150.00 |
| Central Group Chiquita Bananas Group | + | 150.00 | Mixed Nuts Monday Beginners Big Book | - | + |
| Clean Slate Big Book Group | + | 750.00 | Monday Big Book Study | + | 201.50 |
| Clear the Air Group | + | 911.46 | Monday Living Sober Group | | 500.00 |
| Courage to Change Women's Grp | + | 449.88 | Monday Living bober Group | | 500.00 |
| Daily Reprieve Group | 1 | 368.86 | Monday Recovery Group | 1 | 1 |
| Depot Park Men's Meeting | | 523.00 | Morning After Group | 88.00 | 417.00 |
| Digital Drunks Men's Discussion (o) | 1 | | Myana Group | 22.00 | 161.00 |
| Doctor's Opinion Study | İ | | New 12&12 Step Study | | |
| Dragon Fly Group | | 211.07 | New 730 Group | 121.00 | 1507.45 |
| Drunkin Donuts Group | | | New Beginnings | | |
| Early Bird Special Group | | | North Fort Myers Sat Nt Spkr Group | | |
| Early Risers Group (o) | | 1,600.00 | Not a Glum Parking Lot Group | | |
| Eye on Hope Group | 1 | 1 | Old Timer's | | I |

| Open Door Group | | | Sugarsweet Group | | |
|--|--|----------|--|--|-----------|
| Our Primary Purpose Big Book Study | | 375.00 | Sunday Breakfast meeting (o) | | |
| Parking Lot Meeting | | 0/0.00 | Sunday Morning Serenity Group | | |
| PI Groupers | | | | | 100.00 |
| Pine Island Sisters in Sobriety Group | 1 | 251.79 | | | |
| Pine Island Zoom meeting (o) | + | 231./9 | Sunday Speakeasy Group 350.00 Sunlight of the Spirit Group | | 330.00 |
| Pit meeting | + | | Sunshine Sisters Group | | |
| Plan of Recovery Group | 158.00 | 1,008.00 | Support System Group | | |
| Port LaBelle Group | 150.00 | 510.00 | Survivors Group | 100.00 | 100.00 |
| Precisely How We Have Recovered | 1 | 182.00 | SWFL Women's Speaker Meeting (o) | 100.00 | 100.00 |
| Group | | 102.00 | SWI'L Women's Speaker Weeting (0) | | |
| Primary Purpose Group | | 200.00 | TGIF | | 332.02 |
| Primary Purpose with Joe & Charlie | | 200.00 | The AWOL Club | 250.00 | 375.00 |
| Progress Group | | | The Islanders 250 | | |
| Promises of Cape Coral Group | | 000.00 | The Islanders 500.00 The Lunch Break Big Book Meeting | | 500.00 |
| Quinto Paso Grupo | 1 | 200.00 | The Nooners Group | 200.00 | 1500.00 |
| Recovery Group | 1 | | The Serenity meeting | 300.00 | 1500.00 |
| Recovery Group Recovery Rocks Group | | 505.00 | The Shared Gift | | 400.00 |
| | + | 527.00 | | | 400.00 |
| Recovery Too Group Refuge for Recovery Group | + | + | Toes in the Sand Tough Love Group | | 370.00 |
| | | 00.00 | | | 100.00 |
| River Reflections Group | | 20.00 | Tuesday Night Step Meeting | 40=00 | 6=0.60 |
| San Carlos Park Group | | 900.00 | Tuesday Night Young People's Group | 405.00 | 658.00 |
| Sanibel Approved AA Literature (o) | 1 | | Unity Group (disbanded) | | 400.00 |
| Sanibel Friday Nt Speaker Group | | 300.00 | Upon Awakening | | |
| Sanibel Noon (o) | | | Veteran's Meeting | | 110.00 |
| Sanibel Speaker meeting (o) | | | Walk with Purpose Group | | 150.00 |
| Sanibel Step Meeting | | | Way of Life Group | | 200.00 |
| Sanibel Survivors Beach Meeting | | | Way of Living Big Book Study | | 12.67 |
| Saturday Night Beginners Group | | 279.50 | We Agnostics Group | | |
| Saturday Night Open Discussion | | | Welcome Home | | |
| Group | | | 7.77 . 7.1 7.17 | | |
| Saturday Night Women | | | What It's Like | | |
| Serenity Group | | 1069.00 | Willing to Grow through the Principles | | 100.00 |
| Sermon on the Mount | | | Women in Sober Exploration Grp | | 334.82 |
| g : 0 P :1 | | | W.I.S.E. | | |
| Serving Our Brothers | | 100.00 | Women of Willingness Group | | |
| Singleness of Purpose Group | | 607.50 | Women of Worth Group | 150.00 | 150.00 |
| Sisters in Sobriety Group | | 200.00 | Women's Big Book Group | 100.00 | 200.00 |
| Sisters Step Study (o) | | 215.00 | Women's Daily Reflection Meeting | | |
| Sober in East L.A. | | | Women's Day | | |
| Sober on the Shores Group | 1 | 412.00 | Women's Evening Meditations Group (o) | | |
| Sobriety at Six (o) | 1 | 1 | Women's Meeting | <u> </u> | |
| Solutions on a Sunday | | | Young at Heart Group | 176.00 | 412.00 |
| Soul Sisters Group | | 652.50 | Zoom Sisters Group (o) | ļ | |
| Southern Women Group | | 204.50 | | ļ | |
| Spiritual Search Group | | 150.00 | O.D.A.A.T. (D20) | ļ | 143.10 |
| Step & Grow Group | | | Bonita Banyan Group (D20) | 103.50 | 103.50 |
| Stepping with the Big Book Group | | 350.00 | | | |
| Stepping with the Girls Group | 100.00 | 150.00 | BOLD = Intergroup Rep attended September Intergroup Representative monthly business meeting | | |
| Step Sisters Group | 1 | 327.64 | Ĭ | | |
| Step Sisters in Sobriety Group | 1 | 60.00 | | | |
| Steps to Awakening Group | † | 743.15 | | İ | |
| Steps to Sobriety from the 12&12 | 50.25 | 218.75 | momut | | |
| Group | 0 - 1-0 | / 0 | TOTAL | 2,438.25 | 43,179.28 |

ALL CONTRIBUTIONS – SEPTEMBER & YEAR-TO-DATE 2024

| ТҮРЕ | SEPTEMBER | JANUARY - SEPTEMBER |
|---|-----------|---------------------|
| Bequests/In memory of | 0.00 | 108.00 |
| Faithful Fivers | 10.00 | 210.00 |
| Groups | 2,438.25 | 43,179.28 |
| Individual | 0.00 | 1,877.53 |
| Intergroup Rep Meeting | 45.00 | 345.00 |
| Special Events (Fundraiser) | 1,800.00 | 3,960.00 |
| Miscellaneous (Bank Interest, Cash +/-) | 106.65 | 326.46 |
| TOTAL | 4,399.90 | 50,006.27 |

CONTRIBUTION INFORMATION

"There are no dues or fees for membership in A.A., but we do have expenses such as rent, refreshments, A.A. Conference-approved literature, meeting lists, and contributions to services provided by the local intergroup (central office), district and area, and the General Service Office of A.A." (P16 "The A.A. Group ... where it all begins". Reprinted with permission of A.A.W.S., Inc.)

"Suggested" contributions by Lee County Area, District 7:

50% to intergroup 30% to district 10% to area 10% to G.S.O.



Websites & Addresses for Contributions:

Lee County Area Intergroup www.leecountyaa.org 12734 Kenwood Lane #72, Fort Myers, FL 33907

NEW

General Service District 7

P.O. Box 61732, Fort Myers, FL 33906-1732

NEW

Area 15 Treasurer

2950 W Cypress Creek Rd, Ste 101 #1097, Fort Lauderdale, FL 33309

via PayPal at: area15aa.org

via Zelle to: Treasurer@area15aa.org

General Service Board www.contribution.aa.org PO Box 2407, James A Farley Station, New York, NY 10116-2407

ATTENTION → **Meeting Chairpersons**

As a trusted servant, please make time at your meeting to share information about your Intergroup office which extends the "hand of A.A." beyond your meeting:

- ➤ Anniversary coins 1 through 65 years in bronze, bi-plate (shiny gold & silver colors), tri-plate (various colors); special orders also available, including crystal tri-plate
- ➤ Anniversary cards 1 through 65 years
- ➤ Daily Reader/Meditation books Daily Reflections (A.A. Conference Approved); Twenty-Four Hours a Day and others published by Hazelden; and also several Al-Anon Conference Approved.

NOW AVAILABLE AT YOUR INTERGROUP OFFICE!!!

Are the readings for your meeting ---Tattered & torn? Worn out? In disrepair? Or, maybe you're starting a new meeting?

Intergroup has the solution!

Our "Meeting Kit" is in a manila envelope and includes:

Laminated copies of The AA Preamble, How It Works, The 12 Steps, The 12 Traditions, and The Promises

As well as various pamphlets and other information important for meetings/groups.

Come get yours today for \$5.50 (+ tax)!

NOVEMBER ANNIVERSARIES

ALVA AA WAY

Larry B. 11/17/72

BUCKINGHAM

Kenny M. 11/1/10

CHIQHITA BANANAS

Gerry F. 11/20/87 Debi H. 11/21/91 Eddie G. 11/3/99

CLEAR THE AIR

Mark N. 11/22/12 Jeannie T. 11/3/00 Tracy C. 11/9/09

COURAGE TO CHANGE

Susan N-G. 11/22/93

DAILY REPRIEVE

Susan A. 11/2/22 Brian M. 11/24/22 Jeff S. 11/23/20 Pam E. 11/25/22

FORT MYERS SHORES

Jeremy F. 11/18/23

FREETHINKERS OF FM

Stephanie H. 11/16/11

FRIENDS OF BILL Bryan S. 11/11/10

HOTROD RANCH

John C. 11/8/83 Joy 11/9/21

LEHIGH HAPPY HOUR

John 11/25/90

LIVING SOBER ABSI Kathryn V. 11/1/23

Lee S. 11/2/01 Patrick M. 11/10/01

MEAT & POTATOES

Tony F. 11/3/03 Mel G. 11/12/22

MONDAY BB STUDY Cody F. 11/9/20

Paul B. 11/12/18

NOONERS

Dave D. 11/1/15 Corey B. 11/15/16

Nick M. 11/26/23

SERENITY/SUN NOONERS

Steve H. 11/11/15

SINGLENESS OF PURPOSE

Wally V. 11/1/08 Paul S. 11/3/92 Linda B. 11/7/14 Susan B. 11/18/19 Theresa S. 11/22/85 Evan F. 11/23/15

Eric G. 11/27/86

SISTERS IN SOBRIETY Lori R. 11/10/05 Peggy H. 11/1/12

STEPS TO AWAKENING

Peggy K. 11/6/86 Judy M. 11/15/01 W.I.S.E.

Holly B. 11/11/19 Laura M. 11/21/14

> If you have changed home groups - did you inform the last group you belonged to so they could take your name off their list?

If someone in your group passes, please notify Intergroup so their name can be removed from the list.

THINGS TO DO, PLACES TO GO

Annual Fundraising Event

Lee County Area Intergroup 40th Gratitude Dinner

Saturday, November 2, 2024

Doors open 5:30pm --- Dinner 6:30pm --- Speaker 8:00pm

Faith Presbyterian, 4544 Coronado Pkwy, Cape Coral

Tickets \$45/person

Final day to buy tickets: Friday, October 25th

The 10-4 Halloween Bash

Saturday, October 26, 2024, 4:00pm-9pm

Food! Fun! Recovery!

Alva Community Center, 21471 N. River Rd, Alva

Admission \$20/person - includes meal

3rd Annual Halloween Party

Sunday, October 27, 2024, 6:00pm-10pm

Family friendly! Costumes suggested! 50/50! Photo ops! Bonfire!

Dry Palms, 1251 Lamar Rd, North Fort Myers

Tickets \$12/person - includes food and beverage

Intergroup Representative Meeting

Next meeting - November 21, 2024 6:30P (New IGRs @ 6:00P)

Covenant Presbyterian Church 2439 McGregor Blvd, Fort Myers

District 7 General Service Representative Meeting

Next meeting October 27, 2024 2:00P (New GSRs @ 1:00P)

YANA, 1185 Lake McGregor Dr., Ft Myers

SAVE THE DATE!!

Women's Day

February 23, 2025



Lee County Area Intergroup
12734 Kenwood Lane #72
Fort Myers, FL 33907
Jeeintergroup@gmail.com
www.leecountyaa.org
239-275-5111

Contact Information

LEE COUNTY AREA INTERGROUP

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