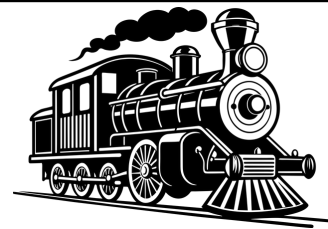




# INTERGROUP-EXPRESS



November—December 2025, Vol 45 #11

Lee County Area Intergroup, 7050 Winkler Rd. #119, Fort Myers, FL 33919

(239) 275-5111—Email: [leeintergroup@gmail.com](mailto:leeintergroup@gmail.com)—Website: <https://leecountyaa.org>

Office/Store Open Monday-Friday 10:00am-5:00pm and First Saturday of the month 10:00am-1:00pm

## GRATITUDE Acting on the Feeling

Gratitude is a noun ... an emotion. It is synonymous with Appreciation and Thankfulness. And it can be turned into a verb ... an action. "Just as actions come before beliefs, acting grateful comes before feeling grateful. If you want to feel grateful but can't quite get there, do things that inspire gratitude." (From *In This Lifetime* by Jill Palmquist)

There are many ways to become/be grateful and show gratitude:

- **Move:** How many times I've heard, "move a muscle, change a thought," and guess what? It works!
- **Go outside:** Let's enjoy our 70's temps while others are in the 40's! There are so many things to do—sit, walk, bike, plant, climb, swim, sweep, pick up trash, throw a frisbee, fly a kite, play a sport, read, watch and listen to nature, play with a pet.
- **Choose to love:** I lived a lifetime in fear and separation. Now I choose to have faith and closeness with others, as friends, companions, coworkers, acquaintances, and family.
- **Experience awe:** I love watching and listening to nature, especially at the beach. My first sponsor said, "I pray you never lose your curiosity or sense of wonder!" I have not and, in fact, it has grown.
- **Make friends:** For me, this started by arriving at meetings early to talk with people, going out for a meal with members after the meeting, and carpooling to meetings. I also attended clubhouse events on holidays and, later, became involved with service work. I have learned that the best way to have a friend is to be a friend.
- **Rest easy and often:** I have to remember that without rest, I cannot continue to be active. Resting both my body and mind, daily, gives me the energy and clarity needed to live my life and do my best.
- **Self-care:** Remembering to hydrate when thirsty, eat when hungry, sleep when tired, bathe when dirty, seek professional help when needed, and work the program.
- **Caring for our belongings:** Picking it up, putting it away, cleaning what's dirty.
- **Caring for our family and friends:** Being available. Listening. I do my best to give more than I take.
- **Doing our best at work:** I do what's needed and I do it to the best of my ability. I push myself to learn and grow in my skills. I have learned that a job well done is as much for me as it is for others.

November is known as "gratitude month." Thanks to my sobriety, I have been given the opportunity to be grateful every day throughout the year. I invite you to join me in making gratitude a verb in your life today!

- Stephanie H., Office Manager

# Service

## Good for Your Recovery

### Lee County Area Intergroup

- ⇒ Get involved in our 12 Step Call program, Speaker Exchange, as a volunteer at the office/store, or join a fundraising committee
- ⇒ Attend the monthly meeting—3rd Thursday, 6:30pm, Covenant Presbyterian Church, Fort Myers
- ⇒ Become an Intergroup Representative for your home group

### District 7

- ⇒ Become a General Service Representative for your home group
- ⇒ Attend the monthly meeting—last Sunday, 2:00pm, YANA Foundation, Fort Myers
- ⇒ Join a committee:

Accessibilities—Bob L—[accessibilities@district7area15aa.org](mailto:accessibilities@district7area15aa.org)

Archives—Kathie W—[archives@district7area15aa.org](mailto:archives@district7area15aa.org)

Corrections—Linda S—[corrections@district7area15aa.org](mailto:corrections@district7area15aa.org)

**Corrections committee meets monthly on the 2nd Tuesday at 6:30pm on Zoom\***

Grapevine—Martin C—[grapevine@district7area15aa.org](mailto:grapevine@district7area15aa.org)

**Grapevine committee meets monthly on the 3rd Monday at 6:30pm on Zoom\***

Literature—Deb F—[literature@district7area15aa.org](mailto:literature@district7area15aa.org)

Outreach—Steve M—[outreach@district7area15aa.org](mailto:outreach@district7area15aa.org)

**Outreach committee meets monthly on the 3rd Saturday at 9am on Zoom\***

PI/CPC (Public Information & Cooperation with the Professional Community)—Shawna C—[picpc@district7area15aa.org](mailto:picpc@district7area15aa.org)

**PI/CPC committee meets monthly on the 2nd Thursday at 7pm on Zoom\***

Treatment—Kyle—[treatment@district7area15aa.org](mailto:treatment@district7area15aa.org)

**Treatment committee meets monthly on the 1st Sunday at 2:00pm at YANA**

Website—Nick S—[website@district7area15aa.org](mailto:website@district7area15aa.org)



**\*ZOOM DETAILS CAN BE FOUND ON THE DISTRICT 7 WEBSITE AT [DISTRICT7AREA15AA.ORG](http://DISTRICT7AREA15AA.ORG).**



### RULE 62: "Don't take yourself too damn seriously."

~ Twelve Steps and Twelve Traditions, page 149



- ⇒ You know that little voice inside your head that keeps you from saying things you shouldn't? Yeah, I don't have that.
- ⇒ Most people recover from deadly diseases better than I recover from Daylight Savings.
- ⇒ I always figure it out. I just need to panic first.
- ⇒ Person giving me directions: You can't miss it! Me: You wanna bet?
- ⇒ My dog only eats top-quality organic treats and poop.
- ⇒ Trust my gut? The thing that can't even handle milk?
- ⇒ Sometimes I wonder why I'm not in a mental asylum, but then I look around and think, maybe I already am.
- ⇒ My life is like when you're holding your laundry and a sock falls and you go to pick it up and eventually everything is on the floor.
- ⇒ Sometimes the best way to find a solution is to create a whole new set of problems.
- ⇒ When people suck the life out of you, wouldn't it be nice if they took some fat too?
- ⇒ I get most of my exercise these days from shaking my head in disbelief.
- ⇒ Please, no more relationships that are supposed to be a lesson. I'm already quite the scholar.
- ⇒ Instead of "Single" as a status ... I prefer "Independently Owned and Operated"
- ⇒ I'm not saying I'm Wonder Woman, I'm just saying no one has ever seen me and Wonder Woman in the same room together.
- ⇒ Before you marry a person, you should first make them use a computer with slow internet to see who they really are.
- ⇒ I have selective hearing. Sorry, you weren't selected today. Tomorrow isn't looking good either.

## From the L.C.A.I. STEERING COMMITTEE CHAIRMAN

I have some good news and some bad news.

The good news is, despite challenges, the annual Gratitude dinner was successful. This was due to an incredible effort by our co-chair, Casey B., who was tireless in her efforts to make it work. Casey took on a new job shortly after accepting the position as co-chair, which involves an amount of travel and periods away from home. This having been her first time arranging this event, she bent the heck out of her learning curve and managed to deliver superbly. Organizing each aspect of this event and coordinating with volunteers, she was tireless, energetic, and resourceful. All I can say is Wow! Good Job Casey!

I would be remiss not to acknowledge so many others who helped to pull off this successful event. Joyce, our treasurer, was tireless in helping to facilitate the setup, worked tirelessly during and after the event. Stephanie, our office manager, and many members of the Intergroup committee showed up early and stayed late through the set up and tear down. Too many to mention individually, but without their support we would not have been successful. I would also wish to thank everyone who went out and sold tickets. Without their efforts, again, we would not have been successful.

Service is an important factor in each member's recovery. It was a joint effort but not without challenges. In retrospect, the timing was not ideal. Having the Gratitude dinner so close to Halloween put us in competition with other AA events, which may have been a factor in the reduced number of attendees. We fell short in ticket sales, but the end result produced a small profit.

I want to compliment the caterers, Naples Wedding Catering by Frisco's, for providing an excellent dinner meal; it was served hot, in good sized portions and delicious.

I would like to also thank our DJ, John N., with Mobile Music, which not only added atmosphere and energy to the event, but also greatly improved the sound system, giving our speaker audio to everyone attending.

The bad news? There was a broken water main right in front of the venue which left us without water for about 90 minutes. It was a minor inconvenience, but we got past it. I had drawn the water for coffee prior to the shutdown, so crisis averted. An AA event without coffee would have been really bad.

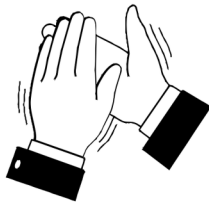
I'll close by saying thank you to everyone who helped make our annual event a success. You are Awesome!

May your God be as good to you as mine has been to me.

Tim B., Lee County Area Intergroup Steering Committee Chair

### Sobriety Countdown Result

**1,795 years**



#### **OFFICE STATS for October 2025** (all are approximate)

##### **Visitors = 163**

When visiting our office, please sign our DAILY visitor log!

##### **Phone Calls (during business hours) = 152**

12 Step & Newcomer = 8

Spanish = 3

Meeting Info = 45

Other 12 Step (Al-Anon, NA, CA, etc) = 4

Treatment (detox, etc) = 2

General Info (hours, location, merchandise, etc) = 30

Management (inquiries that require manager) = 60

*Increase was due to the Gratitude Dinner*

### MEETING NEWS

#### **NEW Meetings**

- Life Ahead Beginners meeting, 7:00pm Monday, open-newcomer-discussion, Good Shepherd Church, LaBelle
- Sober AF, 7:30pm Thursday, open-newcomer-literature, Carlson Methodist Church, LaBelle
- Kickin Butt on the High Side of Life, 10am Wednesday, open-Big Book-discussion, YANA in library room, Fort Myers
- Starting December 8th – Fort Myers Prayer & Meditation, 6:30pm Monday, open-meditation, St. Columbkille Church, Fort Myers

#### **NEW Locations**

- PI Groupers (9:30a Tues), Beginners—Steps 1,2,3 (9:30a Weds), & PI Sisters in Sobriety (10:00a Fri) have moved to United Methodist Church, Bokeelia
- Sanibel Step meeting, 8:30am Wednesday, now in the original dark brown chapel at Sanibel Community Church
- Footprints in the Sand, 8:30am Sunday, meets on beach, south of Bonita Beach bathroom building

#### **NEW Times**

- Starting December 3rd – Brown Baggers will meet at 12 noon instead of 1:00pm on Wednesdays

#### **Intergroup Steering Committee 2025**

Chair: Tim B.; Vice Chair: Casey B.; Treasurer: Joyce D.; Secretary: Gale P.; Members-at-Large: Mike B. & Roben D.; Office Manager: Stephanie H.

#### **Intergroup Office Volunteers**

Deb L., Gary K., Gretchen N., Janet Q., Paula B., Remington L., Roben D., Sandy B., Tom M.

## GROUP CONTRIBUTIONS

Name	Oct	YTD
1 2 3 Go Group		50.00
12&12 Step Study		
1935 Step Group		57.50
5 Alive! Beginners		46.69
5:30 Group		346.00
CC Beginners Wed Nt		
7&7 Group		330.00
A New Perspective		
Anonymous		155.00
A to Z meeting		110.00
A Woman's View of ABSI Zoom		223.00
ABC Beginners Group ^		933.58
ABSI by the River Group		563.00
After Hours meeting		
Against All Odds Group		
All Lit Up		100.00
Alva A.A. Way Group		450.00
Another Peace of Hope		
As Bill Sees It		
Attitude Adjustment Group		100.00
B-Happy Joyous & Free Group	89.03	403.03
Back to Basics Women's Group	184.37	184.37
Basics Recovery Meeting		
Beginners 123		
Beginners Big Book Workshop		
Being Convinced		
Beyond Belief		
Big Book Babes	50.00	113.50
Big Book Connections Group		
Big Book Steppers Group		488.25
Big Book Study		
Big Book Study Group		
Bike Night Group		
Bonita Banyan Group		415.02
Bonita Men's Group	600.00	2000.00
Bonita Springs Step Group		
Bonita Springs Womens Step Group		150.00
Bonita Unity Group		
Book Worms Group		120.00
Bottom of the Barrel Group		300.00
Brown Baggers Group	400.00	1400.00
Buckingham AA Group ^		173.00
Calamity Janes Group		
Calusa Harbor Bunch		

Name	Oct	YTD
Cape Connected ^	60.00	370.00
Cape Coral Bookies Group		
Cape Reflections Group		500.00
Central Group		50.00
Chiquita Bananas Group		1100.00
Clean Slate Big Book Group		268.23
Clear the Air Group	472.00	1689.50
Courage to Change Women's Group ^		307.95
Daily Reprieve Group^	110.00	633.80
Depot Park Men's meeting		
Digital Drunks Men's Discussion		
Doctor's Opinion Study		
Dragon Fly Group ^	31.50	171.34
Drunkin Donuts Group		
<i>Early Riser's Group</i>		800.00
Eye on Hope Group ^		400.00
F.B.I. (Friday Book Investigation)		
Favorite Passages in AA literature		113.50
First Things First Group		721.00
Footprints in the Sand		
Fort Myers Beach Men's Group		270.00
Fort Myers Group ^		550.00
Fort Myers Shores Group		200.00
Freethinkers of Bonita Springs Group		305.00
Freethinkers of Fort Myers Group		
Fresh Start; Fresh Start Step mtg		200.00
Friday Night Beginners Group		240.00
Friday Night Group		
Friday Night Lights		
Friends of Bill Group ^		125.00
Garden Group		100.00
Garden Group Zoom		30.00
Get Well Group		100.00
Grupo 4 De Julio		
Grupo Hispanos de Lehigh		
Grupo Quinto Paso		
Grupo Recuperacion de Immokalee		
Grupo Sendero de Vida		
H.O.W. Group	50.00	150.00
Highsteppers Group		
Hotrod Ranch Group		
How It Works		
Interesting Topic Group		672.00
It's 5 O'clock Somewhere		
Joe & Charlie Big Book		

Name	Oct	YTD
Just for Today Group		300.00
Just Show Up Group		
Keep it Real Group		100.00
Keep It Simple Group		294.00
LaBelle Group ^	130.00	330.00
Ladies Night Group		
Lambda Drummers Group		
Lehigh 12&12		
Lehigh Acres Group		
Lehigh Big Book Study Mtg		
Lehigh Happy Hour Group		25.48
Lehigh Sunday Night		
Light at Heart Group		400.00
Living Sober (ABSI) Group ^		
Living Sober by the River Group		300.00
Lunch Bunch		
Mad Hatters Group		
Maintenance Grp (Came to Believe)		
Meat & Potatoes Group ^		363.74
Men's Big Book		
Men's Recovery Group ^		250.00
Men's Stag		
Mid Day Miracles Group		226.00
Mixed Nuts	100.00	100.00
Mon. Morning Big Book Study Group		
Mon. Morning Sanibel Big Book		75.00
Monday Beginners Big Book		
Monday Big Book Study ^		320.00
Monday Living Sober Group ^		200.00
Monday Recovery Group		
Morning After Group		388.00
Myana Group		152.90
New 7:30 Group	45.00	1223.00
NFM Sat Nite Spkr Group		400.00
Not A Glum Parking Lot Group		430.00
Nuevo Despertar		
Nuevo Horizonte		
ODAAT		296.00
Old Timer's		
Open Door Group		
Our Primary Purpose Big Book Study		400.00
Parking Lot Meeting		
PI Groupers		
PI Sisters in Sobriety Group	100.00	150.00
Pit meeting		
Plan of Recovery Group ^	242.00	958.00

## GROUP CONTRIBUTIONS

Name	Oct	YTD
Port LaBelle Group ^		712.00
Precisely How We Have Recovered Group		
Primary Purpose Group		100.00
Primary Purpose with Joe & Charlie		
Principles in All our Affairs		
Progress Group		
Promises of Cape Coral Group		200.00
Recovery Group		
Recovery Rocks Group		1102.00
Recovery Too Group		
Refuge for Recovery		
River Reflections Group		
San Carlos Park Group	350.00	1700.00
Sanibel Approved AA Literature		
Sanibel Beginners		
Sanibel Friday Nite Spkr Group		
Sanibel Noon		
Sanibel Speaker Meeting		
Sanibel Step Meeting	200.00	200.00
Sanibel Survivors Beach Meeting		
Sanibelles (seasonal)		
Sat Night Open Discussion Group		
Saturday Night Beginners Group		325.00
Saturday Night Women's Group		100.00
Serenity Group	40.00	215.00
Sermon on the Mount		
Serving Our Brothers		100.00
Singleness of Purpose Group	250.00	700.00
Sisters in Sobriety Group		220.00
Sisters Step Study Group		
Sober in East L.A.		115.00
Sober on the Shores Group	100.00	500.00
Sobriety at Six		
Soul Sisters Group	137.26	716.26
Southern Women Group		200.00
Spiritual Search Group		115.00
Step & Grow Group		
Step Sisters Group		391.50
Step Sisters in Sobriety Group		
Stepping with the Big Book Group ^	200.00	500.00
Stepping with the Girls Group ^		280.00
Steps to Awakening Group	264.00	1092.43
Steps to Live By		
Steps to Sobriety		
Steps to Sobriety from the 12 and 12 Group		194.00
Sugarsweet Group		
Sunday Breakfast meeting		

Name	Oct	YTD
Sunday Morning Serenity Group		311.00
Sunday Night Group (ABSI Lehigh)		40.00
Sunday Speakeasy Group	350.00	350.00
Sunlight of the Spirit Group		
Sunshine Sisters Group		142.50
Support System Group		
Survivors Group		100.00
SWFL Women's Speaker mtg		10.00
T.G.I.F.		
The Brady Bunch Group		260.00
The Islanders ^		250.00
The Lunch Break Big Book Meeting		
The Nooners Group		1200.00
The Serenity Group		350.00
The Shared Gift		985.00
The Way Out		
Toes in the Sand		200.00
Tough Love Group		
Tuesday Night Step		
Tuesday Night Young People's Group		200.00
Upon Awakening		
Veterans meeting		
Walk with Purpose Group ^	250.00	400.00
Way of Life Group (aka Way of Living)		200.00
We Agnostics		
We Care Group		
Welcome Home		
What It's Like	52.50	1478.44
W.I.S.E. Group ^		589.77
Women of Willingness Group		100.00
Women of Worth Group		
Women's Big Book Group		100.00
Women's Daily Reflection meeting		
Women's Evening Meditations Group		
Young at Heart Group		285.00
Zoom Sisters Group		

CONTRIBUTIONS	OCT	YTD
Groups	4,857.66	44,291.28
Individuals	594.88	5,974.88
Monthly LCAI Meeting	49.00	517.00
Interest Income		685.89
Miscellaneous Income		57.87
<b>TOTAL</b>	<b>5,501.54</b>	<b>51,526.92</b>



### CONTRIBUTION INFORMATION

"There are no dues or fees for membership in A.A., but we do have expenses such as rent, refreshments, A.A. Conference-approved literature, meeting lists, and contributions to services provided by the local intergroup (central office), district and area, and the General Service Office of A.A." (P16 "The A.A. Group ... where it all begins".) *Reprinted with permission of A.A.W.S., Inc.*

**Lee County Area, District 7, suggested contributions:**

**50% to Lee County Intergroup  
30% to District 7  
10% to Area 15  
10% to General Service (NY)**

**Lee County Area Intergroup**  
7050 Winkler Rd, Suite 119, Fort Myers, FL 33919  
via PayPal at: leecountyaa.org



**General Service District 7**  
P.O. Box 61732, Fort Myers, FL 33906-1732

**Area 15 Treasurer**  
2950 W Cypress Creek Rd, Ste 101 #1097, Fort Lauderdale, FL 33309  
OR via PayPal at: area15aa.org  
OR via Zelle to: Treasurer@area15aa.org

**General Service Board**  
PO Box 2407, James A Farley Station, New York, NY 10116-2407  
OR <https://contribution.aa.org>

^ means the group rep attended the monthly Intergroup meeting

# December Anniversaries



## 7 & 7

12/31/23 Arthur C  
12/31/23 Melanie C

## ABC Beginners

12/21/08 Lynda H  
12/29/03 Steven Z

## Alva AA Way

12/24/04 Carol C  
12/27/22 Eric S

## Back to Basics Women

12/2/88 Bree H  
12/26/14 Martha U

## Buckingham AA

12/12/83 Terri W

## Clear the Air

12/10/91 Tyler D  
12/24/81 Charles S  
12/22/09 Sharon W  
12/3/89 Bob H  
12/28/15 Alex D

## Daily Reprieve

12/13/16 CC C  
12/18/04 Sue M  
12/23/20 Mike S  
12/26/20 Leonard

## Dragonfly

12/6/19 Maria H  
12/19/93 Ginny B

## FMB Men's

12/28/22 Jim R  
12/30/23 Steve P

## Fri Nt Beginners

12/23/02 Bill E  
12/3/24 Brandon

## Friends of Bill

12/22/13 Monica L  
12/19/20 Peter  
12/15/21 David

## H.O.W.

12/4/12 Eric S  
12/7/86 Paul B

## LaBelle

12/7/19 Kyle M

## Living Sober ABSI

12/5/99 Al M  
12/12/23 Cedric M  
12/23/82 John T

## Mon BB Study

12/28/23 Mabel

## NFM Sat Nt

12/9/23 Zach P

## Sisters in Sobriety

12/17/24 Terri G  
12/20/98 Ali L  
12/25/13 Theresa  
12/28/11 Kim B

## Sober in East LA

12/1/22 Ashley W

## Sober on the Shores

12/28/17 Ura P

## Steps to Awakening

12/9/17 Anne F  
12/2/18 Audrey W  
12/14/09 Debbie P

## Survivors

12/19/77 Bob M

## The Nooners

12/1/86 Carol C  
12/3/17 Brad H  
12/7/10 Michelle  
12/12/12 Bruce G  
12/19/94 Don R  
12/28/16 Mercedes  
12/29/15 Alisha D  
12/29/16 Oscar N

## Walk with Purpose

12/13/24 Gary

## Wed Women's BB

12/21/23 Alex S

## W.I.S.E.

12/2/17 Christine K  
12/15/13 Dana M  
12/15/05 Kathryn W  
12/20/14 Angelica Q

## R.I.P.

Don D  
7/19/52—10/15/25  
Sober 35 years

## Anniversary?

**Celebrate by giving back!**

**Intergroup received \$57.00 from anniversary celebrants last month.**

**THANK YOU!!!!**

- ☐ Later
- ☐ Tomorrow
- ☐ Today
- ☒ **NOW**

1. Submit an updated anniversary list for your meeting every year.
2. If you have changed home groups, inform your previous group.
3. If you have added your name to more than one group's anniversary list, your name will only be included under one group. If you have a preference of which group, please contact the Intergroup Office.
4. When a member of your group dies, please notify the Intergroup Office so that their name can be removed from your group's list.



## THANKSGIVING DINNERS

Thursday, November 27

After the noon meeting at Dry Palms in North Fort Myers, 1251 Lamar Rd

At 2:30pm at AWOL in Cape Coral, 1313 Lafayette St  
\*\*meetings will also be available throughout the day\*\*

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Join us for a FUNdraiser for Intergroup

### Holiday Pig Roast

**Saturday, December 13, 2025**

**2:00-5:00pm**

**Tickets \$20**

(includes meal)

We encourage you to bring your favorite  
holiday sides and desserts to share.

50/50—Music—Festivities

Also, please bring your own chair.

Lakes Park, Pavilion B2  
7330 Gladiolus Dr, Fort Myers

### District 7 hosts Carry the Message Day

**November 22, 2025**

**11:00am-3:00pm**

Learn about service opportunities in A.A.  
to reach the still suffering  
alcoholic, including Corrections,  
Treatment, Grapevine, Archives,  
PI/CPC, Literature, and Intergroup.

#### Free to attend

Hot dogs available.  
Please bring a side  
or dessert to share.

Lakes Park, Pavilion D1  
7330 Gladiolus Dr, Fort Myers



#### Pit meeting

Friday, 8:00pm

Dry Palms

(North Fort Myers)

**Needs support!**

We want to know which groups, meetings, clubhouses, and others are having sober events  
during the months of December and January.

Please **call** 239-275-5111 or **email** [leeintergroup@gmail.com](mailto:leeintergroup@gmail.com) *as soon as possible*.

This information will be used for callers who are struggling during the holidays.

## From the L.C.A.I. OFFICE MANAGER

*I was asked by the Gratitude Dinner Chair to speak for 3-5 minutes at our Gratitude Dinner on November 1st. I believe it bears repeating. This is what I shared:*

The primary purpose of the intergroup office is to help our local groups and meetings carry the message of AA. The office provides a centralized location for people in our community to get information about AA for themselves, their meetings, and others.

Our phone is answered 24/7. During office hours, a sober member of AA answers. At night, on weekends and on holidays, a local answering service takes the calls. However, they don't just take a message. They help carry the message by using our website to answer questions and find meetings for the caller. And, when needed, they utilize our 12 Step call list for callers who need to speak with a sober member of AA.

So far this year our intergroup office has received at least 1,683 calls. Of those, 99 were 12 Step calls and 489 were for meeting information.

It may come as a surprise but not everyone knows about the Meeting Guide app or has access to a smart phone or the internet. So our office gets a lot of calls for help finding meetings. The intergroup website will always have the most current meeting information and that feeds directly into the Meeting Guide app. Additionally, our intergroup office publishes the paper Where & When and a monthly newsletter, the Intergroup-Express.

One of the greatest rewards of working at an intergroup office is that no two days are the same.

- ⇒ Some days there are no calls and no customers and time goes by as slow as molasses.
- ⇒ Other days we have both phones ringing and several customers in line.
- ⇒ Sometimes the caller is from out-of-town and looking for a meeting.
- ⇒ Other times the caller is looking for a sober activity or event.
- ⇒ Sometimes the caller is drunk, while other times the caller is a frustrated loved one looking for answers.

We regularly reach out to our district committee members for assistance. When we get calls from treatment centers who want meetings brought in, we call the Treatment Committee Chair. When we get calls from Assisted Living Facilities about helping a resident access AA, we contact either the Treatment Committee Chair or Accessibilities Committee Chair, depending on the situation. When professionals call for information, we reach out to the Public Information/Cooperation with the Professional Community Committee Chair. Our intergroup office and district work together to serve and carry the message of AA in our local community.

Our intergroup office sells literature, coins, and other recovery-related merchandise. Most of our customers are members of AA; however, we also have customers who are members of Al-Anon or CA, as well as others.

We moved to a new location in May and, according to most people, it is as difficult to find our new office as it was to find our old office. The good news is — once you find us, you'll no longer be lost.

I would be remiss if I did not thank our members who volunteer their time, every week, to answer our phone, assist customers, and help me do my job — for those of you here, please stand to be recognized and please hold applause until all have been named — Gretchen, Deb, Paula, Gary, Remington, Tom, Janet, Mike, Roben, Sandy, Joyce, and Sebastian. Thank you for your service and helping me keep my smile right-side up.

I also want to thank our steering committee members, especially Casey, and ALL of our intergroup representatives for their service and support. Your work and dedication helps us carry the message to all who need it.

~ Stephanie H



**The Intergroup Office needs your help!!!**

**For more information, please call 239-275-5111**

**or stop by 7050 Winkler Rd #119, Fort Myers.**