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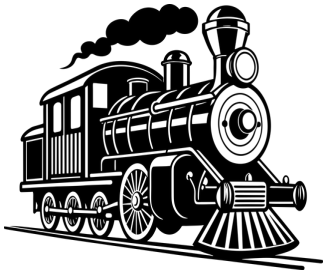
INTERGROUP-EXPRESS

April—May 2026, Vol 46 #4

Lee County Area Intergroup, 7050 Winkler Rd. #119, Fort Myers, FL 33919
(239) 275-5111—Email: leeintergroup@gmail.com—Website: https://leecountyaa.org



Office Hours: 10:00am-6:00pm Monday—Friday; Closed on weekends

MEETING TOPICS

When was the last time you attended an A.A. meeting where the chairperson asked, "Does anyone have a topic?" and no one said anything?

I know I am often one of those members who says nothing. Yet, when I chair a meeting, I am hopeful that, when I ask that question, someone speaks up with a topic.

On page 10 of the 'Meeting in a Pocket' booklet that our Intergroup publishes, you will find the 'ABCs of Meeting Topics.' That list is a mere sampling of possible topics. I have included an additional list below:

A — anger, acronyms, attitude, attraction
B — belief, boundaries, beginning
C — consistency, character, contempt
D — dependability, denial, detachment
E — expectations, envy, excuses
F — forgiveness, freedom, family
G — guilt, generosity, growth, gateway
H — home group, healing, habits
I — inclusivity, inventory, integrity
J — justification, journaling, jaded
K — kindred
L — legacies, laughter, listening
M — maintenance, maturity, minimizing
N — nugget, network, newcomer
O — outreach, optimism, open-minded
P — patience, people-pleasing, patterns
Q — qualification, quickly, quarrelsome
R — rotation, rationalization, routines
S — slogans, service, sponsorship
T — traditions, tools, teachable
U — unassuming, useful, unique
V — vigilance, validation, vigorous
W — worth, wisdom, wonder
X —
Y — youthful, yielding, yearly
Z — zest, Zoom, Zen

So hopefully, between the list in our 'Meeting in a Pocket' and the list above, there will no longer be that awkward silence when the chairperson poses the question, "Does anyone have a topic?"

Additionally, if anyone can come up with a topic that (actually) starts with the letter 'X,' please let me know. It's missing from both lists. I also had difficulty with the letter "K" without repeating what is listed in the booklet.

Stephanie H, Office Manager

***** POPULAR "GIFT" ITEMS AT INTERGROUP *****

$22.50 double book cover for hardcover Big Book and 12 & 12—Mandala, Peacock, Flame, or Tree of Life design
$2.00 laminated double-sided wallet card—St. Francis & Serenity Prayer, The Promises & A Vision for You, or 12 Steps & 12 Principles design
$3.00 clay poker chip—Recover Out Loud, World's Best Sponsor, or World's Greatest Sponsor design
$1.50 laminated wallet card—Acceptance or 12 Steps of a Sponsor design
$9.00 hinged coin holder keychain in gold or silver colored metal
$14.00 Rule 62 tri-plate—green, red, or blue glitter
$1.00 "Protected by Smith & Wilson" sticker

This publication is by, for, and about the Fellowship of A.A. Opinions expressed herein are not to be attributed to A.A. as a whole, nor does publication of information imply any endorsement by either Alcoholics Anonymous or Lee County Area Intergroup.

Service

Good for Your Recovery

Lee County Area Intergroup

⇒ Get involved in our 12 Step Call program, Speaker Exchange, as a volunteer at the office/store, or join a fundraising committee

⇒ Attend the monthly meeting—3rd Thursday, 6:30pm, Covenant Presbyterian Church, Fort Myers

⇒ Become an Intergroup Representative for your home group

District 7

⇒ Become a General Service Representative for your home group

⇒ Attend the monthly meeting—last Sunday, 2:00pm, YANA Foundation, Fort Myers

⇒ Join a committee:

Accessibilities—Bob L—accessibilities@district7area15aa.org
Archives—Kathie W—archives@district7area15aa.org
Corrections—Linda S—corrections@district7area15aa.org
Corrections committee meets monthly on the 2nd Tuesday at 6:30pm on Zoom*
Grapevine—Martin C—grapevine@district7area15aa.org
Grapevine committee meets monthly on the 3rd Monday at 6:30pm on Zoom*
Literature—Deb F—literature@district7area15aa.org
PI/CPC (Public Information & Cooperation with the Professional Community)—Shawna C—picpc@district7area15aa.org
PI/CPC committee meets monthly on the 2nd Thursday at 7pm on Zoom*
Treatment—Kyle—treatment@district7area15aa.org
Treatment committee meets monthly on the 1st Sunday at 2:00pm at YANA
Website—Nick S—website@district7area15aa.org

****ZOOM DETAILS CAN BE FOUND ON THE DISTRICT 7 WEBSITE AT DISTRICT7AREA15AA.ORG.***

RULE 62: "Don't take yourself too damn seriously."

~ Twelve Steps and Twelve Traditions, page 149

⇒ Sometimes I wish I was an octopus so I could slap eight people at once.

⇒ I'm starting to think my purpose in life is to serve as a cautionary tale to others.

⇒ I think people who don't use their turn signals should have to walk everywhere forever.

⇒ Sometimes the best way to find a solution is to create a whole new set of problems.

⇒ Next time, send us a postcard from your power trip.

⇒ My silence doesn't mean I agree with you. It's just that your level of ignorance has rendered me speechless.

⇒ Me every Monday: Okay, let's try this again.

⇒ My bed wasn't feeling well this morning, so I stayed home to take care of it.

⇒ I'm proud to announce that I have completed the 1st item on my bucket list. I have the bucket.

⇒ Tattoos: because being an adult is hard and we deserve to have stickers.

⇒ I made a huge to do list for today. I just can't figure out who's going to do it.

⇒ My Roomba just beat me to a Cheeto that I dropped on the floor. This is how the war against machines begins.

⇒ The more I stay at home, the more homeless I look.

⇒ Whoever said that nothing was impossible obviously never tried slamming shut a revolving door.

⇒ The fact that Head & Shoulders doesn't have a body wash called 'Knees & Toes' disappoints me.

⇒ Anyone want to meet up and just scream? We could get food after.

⇒ Rabbits jump and they live for 8 years. Dogs run and they live for 15 years. Turtles do nothing and live for 150 years. Lesson learned.

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Office Monthly

Our Responsibility

I was told, early on, that the twelve steps were the suggested guidelines for the individual's recovery, and that the traditions were the suggested guidelines for the groups. Our founders were adamant about leaving an open-ended society, loosely structured and softly directed to openly embrace those who sought recovery from our disease.

Guidelines, not rules. This philosophy came from many years of experience. Each individual group is autonomous, devoid of a central authority, given the independence to control and rule itself. That independence could easily, and sometimes does, lead to internal difficulties.

The twelve traditions were designed to suggest a basis for groups to offer some level of structure, assuring support to members of each group. It's interesting that the fellowship has maintained such a relative consistency for more than 90 years with such a loose structure. But it works.

It is now our responsibility to maintain these traditions.

Our common welfare must come first, but individual welfare follows close afterward.

Our group purpose has but one authority, a loving God of our understanding.

Only one requirement for membership, a desire to stop drinking. (Many groups have included other additions openly.)

Autonomy: each group conscience directs the group independent of others.

We have only one primary goal, to support those who have come to us for help.

We remain focused on our primary purpose and keep away from issues that will divert us from it.

We ask that members contribute to support the group and that the group support the outside structure of communication among groups.

AA is a nonprofit non organization, supported mainly by volunteers but some key support positions do require paid employees.

We remain focused on our primary purpose. We avoid connecting with outside issues and financial assistance.

We remain anonymous outside of the groups in all public forums, but not to each other. Reminding us that we respect the anonymity of others as well.

These are the responsibilities passed on to us by those who preceded us in this program. By maintaining these guidelines, we ensure the existence of our fellowship for those yet to come. We pass it on. The doors of AA were here for me when I needed it, and I am responsible that they remain open for others yet to come.

It is a responsibility that I carry gladly, as do many others. Together, we make a difference in the lives of others, giving back to those who preceded us.

May your God be as good to you as mine has been to me.

Tim B., Lee County Area Intergroup Chairperson

PLEASE JOIN US IN WELCOMING
OUR NEWLY ELECTED STEERING COMMITTEE MEMBERS
Chris D, Daily Reprieve Group, Member-at-Large 2026
Roben D, ABC Beginners Group, Member-at-Large 2026-2027

I believe it's important to focus on the positive, so I am sharing the following "bright spots."

A man visiting our area from Columbus, OH, sent us an email that read, "I want to extend my appreciation for the Palms noon meeting in North Fort Myers where I visited on my 39th anniversary and received a red chip and another member provided me a bronze XXXIX coin. Also, spent time in the S.O.P. 6:15am meeting at Y.A.N.A. in Fort Myers. Very strong A.A."

A woman visited our office to buy an anniversary coin. While she was here, she noticed our collection of book covers. She decided to buy one that had just arrived that day—we hadn't even gotten it labeled yet. The volunteer shared that the design was also her favorite and that she was planning on buying it. The woman surprised both of us by buying the book cover for the volunteer!

Stephanie H., Office Manager

Intergroup Steering Committee
Chair: Tim B.; Vice Chair: Casey B.; Treasurer: VACANT.; Secretary: Gale P.; Members-at-Large: Chris D. & Roben D.; Office Manager: Stephanie H.
Intergroup Office Volunteers
Andrea, Danielle, Deb, Gary, Gretchen, Janet, Mikki, Roben, Sandy, Tom, Vicki

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GROUP CONTRIBUTIONS

Name	Mar	YTD
1 2 3 Go Group		50.00
12&12 Step Study		
1935 Step Group		
5 Alive! Beginners		
5:30 Group		
CC Beginners Wed Nt		
7&7 Group		
A New Perspective		
A to Z meeting		92.00
A Woman's View of ABSI Zoom	91.00	201.00
ABC Beginners Group *		
ABSI by the River Group	200.00	200.00
After Hours meeting		
Against All Odds Group		
All Lit Up *		
Alva A.A. Way Group		
Another Peace of Hope		
As Bill Sees It		
Attitude Adjustment Group		171.00
B-Happy Joyous & Free Group		77.00
Back to Basics Women's Group *		
Basics Recovery Meeting		
Beautiful Souls in Recovery		
Beginners 123		
Beginners Big Book Workshop		
Being Convinced		
Beyond Belief		
Big Book Babes		
Big Book Connections Group		
Big Book Steppers Group		289.25
Big Book Study		
Big Book Study Group		
Bike Night Group		
Bonita Banyan Group		50.00
Bonita Men's Group	400.00	1200.00
Bonita Springs Step Group		
Bonita Springs Womens Step Group		
Bonita Unity Group		
Book Worms Group		65.00
Bottom of the Barrel Group	50.00	100.00
Brown Baggers Group	400.00	400.00
Buckingham AA Group		131.00
Calamity Janes Group		
Calusa Harbor Bunch		
Cape Connected *	50.00	50.00
Cape Coral Bookies Group		

Name	Mar	YTD
Cape Reflections Group		
Central Group		
Chiquita Bananas Group		
Clean Slate Big Book Group		
Clear the Air Group *		366.00
Courage to Change Women's Group *		85.00
Daily Reprieve Group *		110.00
Depot Park Men's meeting		
Digital Drunks Men's Discussion		
Doctor's Opinion Study		
Dragon Fly Group		
Drunkin Donuts Group		
Eye on Hope Group		
F.B.I. (Friday Book Investigation)		
Favorite Passages in AA literature	36.00	111.00
First Things First Group		151.00
Footprints in the Sand		
Fort Myers Beach Men's Group	250.00	250.00
Fort Myers Group *		
Fort Myers Prayer & Meditation		100.00
Fort Myers Shores Group		
Freethinkers of Bonita Springs Group	200.00	200.00
Freethinkers of Fort Myers Group		
Fresh Start; Fresh Start Step mtg		
Friday Night Beginners Group *		
Friday Night Group		
Friday Night Lights *		
Friends of Bill Group *		
Garden Group	100.00	100.00
Garden Group Zoom	35.00	35.00
Get Well Group		
Grupo 4 De Julio		
Grupo Aprendiendo a Vivir		
Grupo Hispanos de Lehigh		
Grupo Quinto Paso		
Grupo Recuperacion de Immokalee		
Grupo Sendero de Vida		
Happy, Joyous & Free		
H.O.W. Group		
Highsteppers Group		
Hotrod Ranch Group		
How It Works		
Interesting Topic Group		160.00
It's 5 O'clock Somewhere		77.00
Joe & Charlie Big Book		
Just for Today Group		

Name	Mar	YTD
Just Show Up Group		
Keep it Real Group		
Keep It Simple Group		347.50
Kickin Butt on the High Side of Life		
LaBelle Group *		200.00
Lambda Drummers Group		
Lehigh 12&12		
Lehigh Acres Group		
Lehigh Big Book Study Mtg		
Lehigh Happy Hour Group		
Lehigh Sunday Night		
Life Ahead Beginners meeting		
Light at Heart Group		255.00
Living Sober (ABSI) Group *		
Living Sober by the River Group *		540.00
Lunch Break Big Book meeting		62.00
Lunch Hour Group		
Mad Hatters Group		
Maintenance Grp (Came to Believe)		
Meat & Potatoes Group *		
Men's Big Book		
Men's Recovery Group		250.00
Men's Stag		
Mid Day Miracles Group	120.00	120.00
Mixed Nuts	100.00	100.00
Mon. Morning Big Book Study Group		
Mon. Morning Sanibel Big Book		
Monday Beginners Big Book		
Monday Big Book Study *		
Monday Living Sober Group *		
Monday Recovery Group (12&12D)		
Morning After Group	47.00	187.00
Myana Group		140.00
New 7:30 Group	136.00	402.00
No Name		
North Fort Myers Group		
Not A Glum Parking Lot Group	100.00	100.00
Nuevo Despertar		
Nuevo Horizonte		
ODAAT		180.00
Old Timer's		
Open Door Group		
Our Primary Purpose Big Book Study		100.00
Parking Lot Meeting		
PI Groupers		150.00
PI Sisters in Sobriety Group		
Pit meeting		

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GROUP CONTRIBUTIONS

Name	Mar	YTD
Plan of Recovery Group *	386.00	658.00
Port LaBelle Group *		562.00
Precisely How We Have Recovered Group	88.20	236.20
Primary Purpose Group		200.00
Primary Purpose with Joe & Charlie		
Principles in All our Affairs		
Private	220.00	220.00
Progress Group		
Promises of Cape Coral Group		
Recovery Group		230.00
Recovery Rocks Group		200.00
Recovery Too Group		
Refuge for Recovery		
River (Rats) Reflections Group		30.00
San Carlos Park Group *		500.00
Sanibel Approved AA Literature		
Sanibel Beginners		
Sanibel Friday Nite Spkr Group		
Sanibel Noon		
Sanibel Speaker Meeting		
Sanibel Step Meeting		
Sanibel Survivors Beach Meeting		
Sanibelles		
Sat Night Open Discussion Group		
Saturday Night Beginners Group		
Saturday Night Women's Group *		
Serenity Group		
Sermon on the Mount		
Serving Our Brothers		
Singleness of Purpose Group	150.00	359.00
Sisters in Sobriety Group		240.00
Sisters Step Study Group		
Sober AF		
Sober in East L.A.		
Sober on the Shores Group *		
Sobriety at Six		
Soul Sisters Group		212.50
Southern Women Group *	50.00	50.00
Spiritual Search Group		
Step & Grow Group		
Step Sisters Group *		90.00
Step Sisters in Sobriety Group		
Stepping with the Big Book Group *		
Stepping with the Girls Group		
Steps to Awakening Group *		100.00
Steps to Live By		
Steps to Sobriety		

Name	Mar	YTD
Steps to Sobriety from the 12&12 Group	40.00	40.00
Sugarsweet Group		
Sunday Breakfast meeting		
Sunday Morning Serenity Group		
Sunday Night Group (ABSI Lehigh)		
Sunday Speakeasy Group		
Sunlight of the Spirit Group		
Sunshine Sisters Group		
Support System Group		
Survivors Group		
SWFL Women's Speaker mtg		
T.G.I.F.		
The Brady Bunch Group *		300.00
The Islanders *		
The Lunch Break Big Book Meeting		62.00
The Nooners Group	300.00	600.00
The Serenity Group		
The Shared Gift	400.00	400.00
The Way Out		
Toes in the Sand		430.00
Tough Love Group		50.00
Tuesday Night Step		
Tuesday Night Young People's Group	106.00	106.00
Upon Awakening		
Veterans meeting		150.00
Walk with Purpose Group *	200.00	200.00
Way of Life Group (aka Way of Living)	500.00	1000.00
We Agnostics		
We Care Group		
Welcome Home		
What It's Like		
W.I.S.E. Group *		
Women of Willingness Group		
Women of Worth Group		25.00
Women's Big Book Group		
Women's Daily Reflection meeting		
Women's Evening Meditations Group		
Young at Heart Group		
Zoom Sisters Group		

CONTRIBUTIONS	MAR	YTD
Groups	5,175.20	15,989.45
Individuals	199.17	712.85
Monthly Business Meeting	61.00	114.00
Miscellaneous Income	15.75	49.95
TOTAL	**5,451.12**	**16,866.25**

Did you know?

There are a total of **220** meetings in our area (149 registered as AA groups)

Several meet more than once a week, so there are a total of **363** meetings held every week across Lee, Hendry and Glades Counties and Immokalee (329 in-person and 34 online)

In March, **21** groups and **6** meetings contributed to Intergroup, and **29** representatives* attended the monthly business meeting.

New Income Sources

Surcharge on Credit/Debit Purchases
Under $100 = $1.50, $100 and above = $3.00 helping us cover our processing fees

Rounding-Up on Purchases
Considered an individual contribution

CONTRIBUTION INFORMATION

"There are no dues or fees for membership in A.A., but we do have expenses such as rent, refreshments, A.A. Conference-approved literature, meeting lists, and contributions to services provided by the local intergroup (central office), district and area, and the General Service Office of A.A." (P16 "The A.A. Group … where it all begins".) *Reprinted with permission of A.A.W.S., Inc.*

Lee County Area, District 7, suggested contributions:

50% to Lee County Intergroup
30% to District 7
10% to Area 15
10% to General Service (NY)

Lee County Area Intergroup
7050 Winkler Rd, Suite 119, Fort Myers, FL 33919
via PayPal at: leecountyaa.org

General Service District 7
P.O. Box 61732, Fort Myers, FL 33906-1732

Area 15 Treasurer
2950 W Cypress Creek Rd, Ste 101 #1097, Fort Lauderdale, FL 33309
OR via PayPal at: area15aa.org
OR via Zelle to: Treasurer@area15aa.org

General Service Board
PO Box 2407, James A Farley Station, New York, NY 10116-2407
OR https://contribution.aa.org

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May Anniversaries

ABC Beginners
5/4/24 John P
5/29/24 Rick S

ABSI by the River
5/5/10 Eddie R

Chiquita Bananas
5/5/98 Harry M
5/21/88 Cathy B
5/29/88 John C
5/21/02 Earl E
5/20/98 Patricia P
5/14/86 Dan S
5/13/18 Teal V

Courage to Change
5/2/88 Dora S
5/17/76 Mary Ann M
5/22/12 Sandy E

Fri Nt Beginners
5/28/22 James D
5/1/24 Gene

LaBelle
5/20/23 Jerry W
5/30/76 Walt S

Nooners
5/13/82 Dan F
5/15/77 John S
5/21/14 Francene

North Fort Myers
5/2/02 Dale M
5/1/82 Joan M

Plan of Recovery
5/24/89 Nick D
5/15/88 John U
5/24/95 Rodney H
12/7/91 George G

Sisters in Sobriety
5/3/02 Sue C
5/8/19 Amy D
5/28/13 Julie K

Sober in East LA
5/20/24 Laz M

Stepping with the Girls
5/13/13 Louisa G

Steps to Awakening
5/4/25 Cindy L
5/25/24 Jamie

Walk with Purpose
5/28/90 Bruce K
5/13/15 Joe B
5/2/22 Dale M

W.I.S.E.
5/6/17 Jodi S
5/22/12 Rene K
5/25/95 Tina C

- Later
- Tomorrow
- Today
- NOW

Help us help you celebrate!

Send us your meeting's anniversary list.

We currently only have 22 on file.

Introducing the Birthday Plan!

"One Year at a Time"

In grateful celebration of their sobriety birthdays, many A.A. members contribute **one dollar or more** for each year of sobriety to their local Intergroup.

Your birthday contribution will go toward helping the Lee County Area Intergroup provide the following "Vital Services" to all Lee, Hendry, and Glades County A.A. Groups and their members:

Answering **phones** 24 hours a day, providing one-stop **shopping**, **publishing** the meeting list and monthly newsletter, keeping an up-to-date listing of meetings on the **website** and through the Meeting Guide **App**, and **supporting** all Lee County Area A.A. Groups and Meetings.

Contributions are accepted by mail, at the office, and through our website.

In March, three members celebrated

by contributing a total of $108.00 to Intergroup.

THANK YOU!

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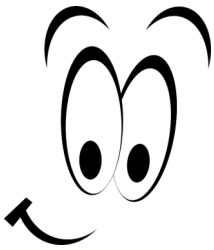

SOBER ACTIVITIES

W.I.S.E.'s 42nd Anniversary
(women's meeting)

May 19, 2026
7:00 pm Potluck & Social
7:45 pm Speaker

Browning Hall at St. Hillary's
5011 McGregor Blvd, Fort Myers

Pinellas County Intergroup's Annual Fort Desoto Picnic

April 26, 2026
Gate opens 7:00 am

Fort Desoto
3500 Pinellas Bayway South, Pavillion #4
Tierra Verde, FL

For more information:
aapinellas.org

36th Annual AFG Florida South Convention with A.A. Participation

August 21-23, 2026
Bonita Springs, FL

www.southfloridaal-anon.org

68th Florida State Convention

August 6-9, 2026
Orlando, FL

https://68.FloridaStateConvention.com

—INVITING ALL TO GET INVOLVED—

South Florida Area 15 General Service Quarterly Assembly
Hosted by District 7

October 2-4, 2026
Westin Hotel, Cape Coral

For more information, contact:
Laura 239-218-4518
Manny 845-800-8808

12th Steppers—talk to newcomers and others who need to speak with a sober member (minimum one year of sobriety)

Speakers—share your story at various local meetings

Office Workers—answer phone, assist customers, use computer to complete sales, fold Where & When's, organize and label merchandise, learn more about A.A. literature and service structure (minimum 6 months of sobriety; prefer 9 months plus)

Call 239-275-5111 for more information.

Do you have information about a sober event? Help us help others.
Please call or email the Intergroup Office with the details.

It is **critical** for Intergroup to have information about local sober events:
Sober people in the community call our office for this information.

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READERS RESPOND

A member shared thoughts on the Responsibility article in the Intergroup-Express, February-March 2026:

The section on contributions and involvement from individual members and groups is shameful! Do groups ever even announce why contributions are needed throughout the AA organization? For years, in my early sobriety, I never heard why the donations needed to go further than the meeting house. 'We need to pay rent and buy coffee' was all I knew. I wondered why does Intergroup need our money? Why should we send our money to New York? I thought all these other entities were self supporting like my group! I believe there needs to be more information divulged to individual meeting attendees more often to explain the contribution distribution throughout AA.

Do all meetings collect donations? What do those people do with the money they collect? I understand new and small meetings can barely pay their rent. But what about the larger groups? The well established ones whose members call it their home group?

My final comment (for now) on this subject is regarding inflation. Last year Intergroup received approximately the same amount in contributions as in 2018. Has no-one realized how much less $1 buys today than in 2018? Does any chairperson ask for "a couple dollars" each to be put in the basket? I know some of the meetings I've attended have suggested that, after all our contributions are simply suggestions. But if most attendees only hear, "Put a dollar in the basket, if you have it" that is what they will do. And if they hear, "Put a couple dollars in, if you have it", perhaps that will become more of a habit soon. What does a beer cost today, or a pint of whiskey? Compare that to 2018. I could not afford to stay drunk today! Thank God I don't have to anymore. Alcoholics Anonymous brought me out of that bondage. So I owe my life and whatever I can afford monetarily to AA. What about you?

Another member shared thoughts on the Principles article in the Intergroup-Express, March-April 2026:

As I read your 'Principles' article in the March-April Intergroup Express, I sat down with my sponsor and after prayer for direction, we readied ourselves for discussion.

I began with my typical exasperation of 'Wow, there are so many of them! How are we supposed to remember them all?'

My sponsor's response was typical, she turned the question right back to me. Let's start with Step 1. Think about your day so far. How did you practice Honesty?

I sat with this for a while and began with the moment. As we read through this article together, I could've said that it was interesting and I do try to follow those principles. Instead, I Honestly admitted that it seemed like a tall order.

She gave me one of her knowing nods and reminded me that my question was a perfect example of Humility and Open-mindedness with a Willingness to learn. She proceeded to ask me to give her examples of how I incorporated the next principle into my life.

I replied, 'Well, I was Hoping that you'd give me the simple answer and I'd be Open-minded and Accept your direction.'

This response solicited a giggle, as she rolled up her sleeves and gave me some homework. I was to pick at least 3 principles to deliberately work on today and report back to her the results. Of course, she gave me an example of hers. Just now, you answered my question with a smart-alecky response. I took a spiritual breath and made a decision to apply Step 10. Instead of using my automatic alcoholic response, I used the practiced principles of patience and self-restraint.
She persevered and suggested I use a similar recipe of incorporating these principles into my way of thinking. Which Principle will you be listening for today?

My response now, was tempered with humility and an honest desire to become. I stated that I'd ask in my morning prayer to be guided to the principle(s) I need as I travel through my day.

She smiled and we prayed together in thankfulness for our God-centered meeting.

YOU ARE INVITED

To share your thoughts, positive or negative,
with Lee County Area Intergroup on any material in the newsletter.

Send to leeintergroup@gmail.com

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